

## CURRICULUM VITAE

### Chloe R. Grabanski

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#### EDUCATION

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##### **Doctor of Philosophy, Clinical Psychology**

2025 – Present

The University of Kansas

**Advisor:** Dr. Charlene Muchlenhard

##### **Master of Arts, Clinical Psychology**

August 2024

University of Massachusetts Dartmouth – Dartmouth, MA

**Thesis:** An Exploratory Study on Sexual Expectations, Attitudes and Behaviors of Individuals Who Use Customizable Pornography.

**Advisor:** Dr. Raina Lamade

##### **Bachelor of Arts**

May 2011

University of North Dakota – Grand Forks, ND

Major: Communications

Minor: Psychology

#### LICENSURE

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##### **Licensed Professional Counselor -T**

Kansas

License #: LPC 04966-T

#### RESEARCH EXPERIENCE

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##### **Graduate Research Assistant**

March 2022 – July 2025

University of Massachusetts Dartmouth – Dartmouth, MA

Principal Investigator: Dr. Raina Lamade

##### **Projects:**

1. Forensic Mental Health Assessment During COVID-19
2. Risk Factors for Campus Sexual Assault
3. Relationships Across in Person and Virtual Contexts
4. Customized Pornography Use and Sexual Attitudes, Expectations and Behaviors
5. Involuntary Commitment for Substance Use (Section 35)

##### **Tasks:**

- Assist with developing survey questions and measures to be included in studies.
- Assist with the IRB proposal writing and submission.
- Enter all questions and complete formatting of surveys into Qualtrics.
- Disseminate surveys in Prolific, MTurk and recruit participants through social media.
- Quantitative data coding and cleaning including multiple imputation for missing data.
- Qualitative data coding of open-ended survey responses with team of coders.
- SPSS analysis of quantitative data utilizing t-tests, ANOVA, Chi-square, Mann-Whitney U, and Kruskal-Wallis H tests.
- Assist with writing the introduction, procedure, results and discussion section for manuscripts and poster presentations.

- Conduct literature reviews for poster presentation and manuscript preparation.
- Supervise undergraduate and graduate student research assistant work for encyclopedia chapter writing.
- Assist with grant applications.

**Behavioral Health Planning Analyst**

December 2017 – March 2022

Kern Behavioral Health &amp; Recovery Services – Bakersfield, CA

**Projects:**

1. Drug Free Kern Coalition
2. Place of Last Drink DUI Prevention
3. Drug Free Kern Naloxone Distribution Program
4. Kern Rx Return Safe Medication Disposal Program
5. Drug Free Kern Environmental Substance Use Prevention

**Tasks:**

- Management of a SAMHSA Drug Free Communities grant (SP020979-05) which included writing the grant reapplication and preparing the budget and program narrative annually. This also included developing survey instruments, data collection and cleaning and tracking program objectives and outcomes.
- Qualitative and quantitative data collection, cleaning and analysis for the development and implementation of the five-year Kern County Primary Prevention Plan per California Department of Health Care Services Regulations.
- Administered surveys on the impact of intoxicated/impaired driving in Kern County which included human subject interaction, analysis of findings, and development of recommendations to reduce the frequency of intoxicated/impaired driving.
- Oversight of the California Department of Health Care Services Primary Prevention Substance Use Disorder Data Service database for Kern County.
- Day to day management of the Kern Rx Return safe medication disposal program which included data collection, data analysis and report writing.
- Created and managed the Drug Free Kern Naloxone Distribution Program. This included coordinating the training and distribution of naloxone throughout Kern County, analyzing program data and reporting outcomes to the California Department of Public Health.
- Researched and coordinated environmental prevention efforts to reduce availability and access to alcohol for minors and harm reduction strategies related to illicit opioid use (e.g., safe syringe disposal and implementation of a syringe exchange service program).
- Invited to speak at over 20 schools, coalitions, and government organizations on topics such as substance use prevention, overdose prevention, and the impact of substance use and abuse on adolescents and communities.

**PUBLICATIONS**

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- Lamade, R. V. & **Grabanski, C.R.** (2025). Campus sexual assault. In Burgess, A.W. *Practical Aspects of Rape Investigation: A Multidisciplinary Approach*, (6th edition). Boca Raton, FL: CRC Press, Taylor & Francis.
- Frenking, N. S., **Grabanski, C. R.**, Lamade, R. V. (2025). Child maltreatment: Parental mental health and PTSD in military personnel. In *Encyclopedia of Domestic Violence*. Springer.

- Lamade, R. V. **Grabanski, C. R.**, & Frenking, N. S. (2024). Child maltreatment in the military: Military stressors, deployments, post-deployment and reintegration. In *Encyclopedia of Domestic Violence*. Springer. [https://doi.org/10.1007/978-3-030-85493-5\\_260-1](https://doi.org/10.1007/978-3-030-85493-5_260-1)
- Lamade, R. V. **Grabanski, C. R.**, Frenking, N. S., & Pennine, M. (2024). Intimate partner violence. In *Encyclopedia of Domestic Violence*. Springer. [https://doi.org/10.1007/978-3-030-85493-5\\_871-1](https://doi.org/10.1007/978-3-030-85493-5_871-1)
- Cocoza, W., **Grabanski, C. R.**, Lamade, R. V. (2024). Child maltreatment and combat injury. In *Encyclopedia of Domestic Violence*. Springer. [https://doi.org/10.1007/978-3-030-85493-5\\_251-1](https://doi.org/10.1007/978-3-030-85493-5_251-1)
- Lamade, R. V., Seidman, H., & **Grabanski, C. R.** (2024). Child maltreatment: Actuarial risk assessment. In *Encyclopedia of Domestic Violence*. Springer. [https://doi.org/10.1007/978-3-030-85493-5\\_1856-1](https://doi.org/10.1007/978-3-030-85493-5_1856-1)
- Lamade, R. V., **Grabanski, C. R.** & Seidman, H. (2024). Historical risk factors for domestic violence. In *Encyclopedia of Domestic Violence*. Springer. [https://doi.org/10.1007/978-3-030-85493-5\\_770-1](https://doi.org/10.1007/978-3-030-85493-5_770-1)
- Lamade, R. V., Pennine, M., & **Grabanski, C. R.** (2024). Maternal filicide: Prediction of risk factors. In *Encyclopedia of Domestic Violence*. Springer. [https://doi.org/10.1007/978-3-031-08956-5\\_1498-1](https://doi.org/10.1007/978-3-031-08956-5_1498-1)
- Grabanski, C. R.**, Lamade, R. V., Marques, F. M., Chaves, C. A. (2023). Substance use and addiction and domestic violence. In *Encyclopedia of Domestic Violence*. Springer. [https://doi.org/10.1007/978-3-030-85493-5\\_1613-1](https://doi.org/10.1007/978-3-030-85493-5_1613-1)
- Lamade, R. V., **Grabanski, C. R.**, Pennine, M. (2023). Femicide. In *Encyclopedia of Domestic Violence*. Springer. [https://doi.org/10.1007/978-3-030-85493-5\\_591-1](https://doi.org/10.1007/978-3-030-85493-5_591-1)
- Brown, A., Lamade, R. V., **Grabanski, C. R.** (2023). Sexual offending. In *Encyclopedia of Sexual Psychology and Behavior*. Springer. [https://doi.org/10.1007/978-3-031-08956-5\\_2221-1](https://doi.org/10.1007/978-3-031-08956-5_2221-1)
- Seidman, H., Lamade, R. V., **Grabanski, C. R.** (2023). Intimate partner violence. In *Encyclopedia of Sexual Psychology and Behavior*. Springer. [https://doi.org/10.1007/978-3-031-08956-5\\_1242-1](https://doi.org/10.1007/978-3-031-08956-5_1242-1)
- Marques, F. M., **Grabanski, C. R.**, & Lamade, R. V. (2023). Rape and coercion: Pornographic consumption. In *Encyclopedia of Sexual Psychology and Behavior*. Springer. [https://doi.org/10.1007/978-3-031-08956-5\\_1974-1](https://doi.org/10.1007/978-3-031-08956-5_1974-1)
- Grabanski, C. R.**, Lamade, R. V., & Okanlawon, A. (2023). Femicide-suicide. In *Encyclopedia of Sexual Psychology and Behavior*. Springer. [https://doi.org/10.1007/978-3-031-08956-5\\_969-1](https://doi.org/10.1007/978-3-031-08956-5_969-1)
- Grabanski, C. R.**, Lamade, R. V., Guarini, B. C., & Rosa, A. M. (2023). Intimate partner rape. In *Encyclopedia of Sexual Psychology and Behavior*. Springer. [https://doi.org/10.1007/978-3-031-08956-5\\_1241-1](https://doi.org/10.1007/978-3-031-08956-5_1241-1)
- Chaves, C. A., Lamade, R. V., & **Grabanski, C. R.** (2023). Personality and individual differences: Sexual coercion. In *Encyclopedia of Sexual Psychology and Behavior*. Springer. [https://doi.org/10.1007/978-3-031-08956-5\\_1811-1](https://doi.org/10.1007/978-3-031-08956-5_1811-1)
- Grabanski, C. R.**, Okanlawon, A., Lamade, R. V., & Goulden, K. J. (2022). Psychosocial factors associated with happiness. In *Happiness and Wellness - Biopsychosocial and Anthropological Perspectives*. IntechOpen. <https://doi.org/10.5772/intechopen.106952>

- Lamade, R. V., **Grabanski, C. R.**, & Pennine, M. (in prep). An exploratory study of trainee and supervisor experiences in forensic mental health contexts during COVID-19.
- Lamade, R.V., & **Grabanski, C.R.**, Frenking, N. S., Alt, L. (in prep). Risk factors for sexual assault during college in women.
- Lamade, R.V., Aronie, J. H., **Grabanski, C.R.**, & Frenking, N. S. (in prep). A review of involuntary commitment for substance use treatment in the United States: Recommendations for research and policy.

## PRESENTATIONS

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- Grabanski, C.R.** & Lamade, R. V. (accepted). *Relationship satisfaction and customized pornography use* [Oral Presentation]. 2025 Annual Conference of the Society for the Scientific Study of Sexuality. Philadelphia, PA.
- Grabanski, C. R.**, & Lamade R.V. (2025, March 15). *An exploratory study on characteristics and behaviors of customizable pornography users* [Poster Presentation]. 2025 Annual Conference of the American Psychology-Law Society, San Juan, Puerto Rico.
- Grabanski, C. R.**, & Lamade R.V. (2025, March 14). *Sexual preoccupation and compulsivity in customized pornography users. Implications for problematic sexual behaviors and legal considerations* [Poster Presentation]. 2025 Annual Conference of the American Psychology-Law Society, San Juan, Puerto Rico.
- Grabanski, C. R.**, Frenking, N., Aronie, J.H., Santos, J., & Lamade, R.V. (2025, March 8). *Problematic cyber pornography use, insecure adult attachment and relationship satisfaction*. [Poster Presentation]. 2025 Annual Conference of the Eastern Psychological Association, New York, NY.
- Santos, J., **Grabanski, C. R.**, Alt, L., Koss, M., & Lamade, R.V. (2025, March 8). *Unacknowledged rape in a sample of victims and perpetrators*. [Poster Presentation]. 2025 Annual Conference of the Eastern Psychological Association, New York, NY.
- Alt, L., Frenking, N., **Grabanski, C. R.**, & Lamade, R.V. (2025, March 8). *Personality and the dark triad in sexual aggression tactics among college males*. [Poster Presentation]. 2025 Annual Conference of the Eastern Psychological Association, New York, NY.
- Aronie, J.H., **Grabanski, C. R.**, Santos, J., & Lamade, R.V. (2025, March 7). *The current state of involuntary commitment for substance use treatment*. [Paper Presentation]. 2025 Annual Conference of the Eastern Psychological Association, New York, NY.
- Frenking, N., **Grabanski, C. R.**, Aronie, J.H., Santos, J. & Lamade, R.V. (2025, March 7). *Perpetrators who use chatrooms to meet minors*. [Poster Presentation]. 2025 Annual Conference of the Eastern Psychological Association, New York, NY.
- Grabanski, C. R.**, Pennine, M., and Lamade R.V., (2022, December 3). *An exploratory study of trainee and supervisor experiences in forensic mental health contexts during COVID-19* [Poster Presentation]. 2025 Annual Conference of the Massachusetts Psychological Association (MPA), Norwood, MA.

## TEACHING EXPERIENCE

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### Adjunct Instructor

Avila University – Kansas City, MO  
PY 650: Biological Bases of Behavior  
PY 656: Multicultural Counseling

Spring 2025  
Summer 2025

**Teaching Assistant**

University of Massachusetts Dartmouth – Dartmouth, MA

PSY 512: Evaluation Techniques

Spring 2024

**CLINICAL EXPERIENCE**

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**Crisis Director**

December 2024-Present

The Guidance Center – Leavenworth, KS

- Oversee the operations of the organization's crisis services (Guiding Lights Crisis Stabilization Center, co-responders and mobile crisis) in Leavenworth, Atchison and Oskaloosa counties to ensure quality of care, fiscal and clinical accountability, and efficiency of crisis operations.
- Provide direct service to individuals / families engaging in crisis care or follow up care as needed including screens and assessments.
- Provide and document regularly scheduled supervision meetings with supervisees as well as team meetings with staff involved in providing crisis care.
- Responsible for the development and implementation of processes, procedures, and policies related to the delivery and reporting of crisis services.
- Responsible in coordination with CEO that the Center is following all licensing and regulatory requirements for crisis services, provides training when needed regarding crisis services.
- Serve as Hospital Liaison for all three counties served.
- Oversee HealthSource partnership on behalf of the agency.
- Coordinate and implement Critical Incident Stress Debrief supports to the community as needed.
- Serve on the Leavenworth Suicide Prevention Coalition.
- Serve as supervisory support for crises in all three counties to include facilitating coordination of care and gap closure/ remediation.
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**Forensic Clinician**

July 2024 – December 2024

Beacon Mental Health – Kansas City, MO

- Provide behavioral health clinical services utilizing evidence-based practices (DBT, CBT, ACT, etc.) to patients that are committed to the Department of Mental Health.
- Facilitate intake assessments for those anticipating release from DMH or jail into the community including clients in treatment court programs (Mental Health Court, Drug Court, DUI Court, etc.).
- Provide crisis community support services and intervention to high-risk populations based on assessed needs.
- Complete assessments and intakes with patients including referrals to appropriate departments based on individual needs.
- Serve as a liaison with Clay County, MO jail staff, law enforcement and courts to ensure care coordination with high-risk patients upon their release.

**Psychometrician**

June 2022 – May 2024

Bridgewater State Hospital – Bridgewater, MA

- Administered and interpreted clinical and forensic test batteries to patients with a variety

of clinical presentations related to serious mental illness, complex trauma, substance use, and characterological or personality pathology for diagnostic clarification and feigning of mental health symptoms or competency deficits.

- Provided written reports based on testing to be utilized in court ordered forensic evaluations regarding competency to stand trial, criminal responsibility, and management in a correctional or hospital setting.
- Provided treatment intervention recommendations to mental health providers to utilize in patient treatment planning based on assessment findings.
- Organized and tracked all testing administered by pre-doctoral interns in the forensic department.

### **Mental Health Intern**

June 2023 – April 2024

Old Colony Correctional Center – Bridgewater, MA

- Provided psychological and therapeutic individualized and group treatment that is culturally sensitive, trauma informed, and evidence based (e.g. CBT, MI and DBT) to incarcerated adult males experiencing symptoms of mental illness, or significant characterological or personality pathology.
- Conducted mental health assessments and screenings to determine if incarcerated individuals and new transfers to the facility were at risk of harm to themselves or others and in need of therapeutic supervision.
- Responded to Department of Corrections (DOC) mental health requests and crisis situations including use of force throughout the facility by providing supportive counseling and behavioral intervention to assist incarcerated individuals with establishing and maintaining mental health stability.
- Worked within a multidisciplinary team to make recommendations for individualized care and treatment.

### **Direct Support Staff**

May 2023 – April 2024

Steppingstone Women's Residential Program – Fall River, MA

- Provided brief intervention and support to clients experiencing distress or in crisis.
- Supervised and monitored clients to ensure they are safe, engaged in programming, and provided appropriate care and interventions when necessary, including milieu management.
- Conducted screenings and intakes for new clients.
- Supervised clients during medication pass and maintained proper documentation of all client medications.
- Collected, prepared, and supervised drug screenings and administered breathalyzers.

### **Practicum Intern**

January 2023 – April 2023

Steppingstone Women's Residential Program – Fall River, MA

- Provided individual and group evidence based psychological and therapeutic interventions (e.g. CBT, MI, Seeking Safety and Relapse Prevention Planning) to adults with substance use and mental health disorders.
- Worked within a multidisciplinary team to provide services to women with substance use disorder and mental health diagnoses.
- Conducted assessments that were culturally responsive, and trauma informed.

- Conducted screening and intake interviews to determine client eligibility for services.

**Cognitive Services Coordinator**

2016 – 2017

Unified Government of Wyandotte County – Kansas City, KS

1. Facilitated and supervised cognitive behavior education programming at Wyandotte County Community Corrections for individuals on pre-trial interventions, diversion, and probation. This included adult and juvenile probationers and the Drug Court docket.
2. Conducted assessments with clients and reviewed collateral information to determine appropriate cognitive education services for clients based on their risk/need level.
3. Attended weekly court meetings, testified, and coordinated programming for Wyandotte County Drug Court as part of an interdisciplinary team.

**Youth Specialist II**

2014 – 2016

Department of Youth Services, State of Missouri – Kansas City, MO

- Provided supervision, therapeutic support, and education services to justice-involved male adolescents with mental illness, complex trauma, and substance use that were incarcerated at the Northwest Regional Youth Center.
- Implemented group and individual treatment plans that were culturally sensitive, and trauma informed.
- Assisted residents in building and developing appropriate behavior, positive peer interactions, problem-solving, coping skills, life skills, and educational programming to help foster their growth and development.
- Taught high school level coursework (e.g. English, Math, History), and worked with residents on preparation for the HiSet (GED) exam.

**Mental Health Technician**

2014

CenterPointe Addiction &amp; Mental Health Treatment, Adult Residential – Lincoln, NE

- Provided supervision and therapeutic interventions to clients in a dual-diagnosis residential treatment facility.
- Provided brief intervention services for clients experiencing dysregulation and crisis symptoms.
- Facilitated a weekly group on Emotional Expressions that featured different activities and tools to help clients express their emotions in a healthy and productive manner.
- Assisted program director and counselors with treatment plan development.
- Collected, prepared, and supervised drug screenings and administered breathalyzers.

**RELEVANT PROFESSIONAL EXPERIENCE**

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**Graduate Assistant**

September 2021 – May 2023

University of Massachusetts Dartmouth – Dartmouth, MA

- Provided academic coaching to approximately 24 students each semester with various mental health diagnoses or disabilities that impacts their performance in academic settings.
- Provided training and education to students enrolled in services.
- Developed programming for building skills related to time management, studying and

testing taking.

- Coordinated testing for students with accommodations.

### **Director of Fundraising / Supporter Relations**

2012 – 2014

To Write Love on Her Arms (TWLOHA) – Melbourne, FL

- Created, developed, and managed TWLOHA's high school campaign to empower youth to talk about mental health in over 500 participating high schools (Raised \$235,000+).
- Created and managed TWLOHA's National Suicide Prevention Week campaign. This included curating content, design strategy, coordinating social media, building tools for supporter involvement, and fundraising (Raised \$400,000+).
- Regularly conducted site visits to treatment facilities and organizations for partnerships.
- Invited to speak at various high schools and organizations.
- Managed the online fundraising platform and wrote annual finance reports.
- Managed TWLOHA's Supporter Benefit program.

### **Director of Communications / Benefit Coordinator**

2010 – 2012

To Write Love on Her Arms – Cocoa, FL

- Oversight and management of organizational communication, including social media presence, website management and staff training on communication policies.
- Invited to speak at high schools and organizations in the United States and Europe.
- In 2010, entered TWLOHA in The Shorty Awards for "Best Nonprofit Use of Twitter" and the Mashable Awards for Must Follow Non-Profit. The organization won both.
- In 2010 entered TWLOHA in the USA Today "#AmericaWants" campaign, resulting in TWLOHA receiving a full-page in-kind print advertisement valued at \$189,000.
- Continued all duties of the Benefit Coordinator

### **Intern / Benefit Coordinator**

2008 – 2010

To Write Love on Her Arms – Cocoa, FL

- Developed and executed a new benefit program to allow supporters to host fundraising events for the organization. (Raised \$100,000+).
- Facilitated a corporate partnership that resulted in a \$50,000 donation.
- Tour representative for The Alkaline Trio tour, The Bamboozle Roadshow, and other various music festivals.
- Managed a web-based Street Team of 9,000 volunteers.

### **AD HOC REVIEWING**

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2024-Present    *Journal of Psychological Trauma: Theory, Research, Practice, and Policy*  
 2023             *Journal of Interpersonal Violence*  
 2023             *Journal of Aggressive Behavior*

### **AWARDS, HONORS & SCHOLARSHIPS**

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Spring 2024    Graduate Thesis Support Grant (\$750)



Spring 2024	Alumni Association Graduate Scholarship (Total: \$1,000)
2023-2024	Chancellor's Centennial Arts & Sciences Scholarship (Total: \$1,938.36)
Spring 2023	Chancellor's Centennial Arts & Sciences Scholarship (Total: \$895)
2022-2023	Alumni Association Graduate Scholarship (Total: \$2,000)
2022-2023	UMassD Retirement Association Scholarship (Total: \$500)
Fall 2022	Jack M. Gould Memorial Scholarship (Total: \$600)
2015	Rising Star Award – Northwest Regional Youth Center

### **PROFESSIONAL DEVELOPMENT & TRAININGS**

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2024	Crisis Intervention Team (CIT)– 40 Hour Basic Training
2024	American Society of Addiction Medicine (ASAM) – Foundations and Skill Building Courses
2022-2024	Bridgewater State Hospital Postdoctoral Forensic Psychology Monthly Didactics
2022-2024	Bridgewater State Hospital Predoctoral Intern Clinical Assessment Monthly Didactics
2019	SAMHSA Drug Free Communities Grantee Training
2016	University of Kansas Emerging Leaders Academy

### **CERTIFICATIONS**

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2024	First Aid, CPR and AED, American Heart Association
2021	Collaborative Institutional Training Initiative (CITI), Human Research
2017	Certified Suicide Prevention Helper, ASIST
2017	Moral Reconation Therapy (MRT) Facilitator
2016	Truthought Corrective Thinking Practitioner
2016	WhyTRY Level 2 Resilience Training
2008	Suicide Prevention Specialist, QPR Institute

### **SERVICE**

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2025-Present	Editorial Board Member; <i>Journal of Psychological Trauma: Theory, Research, Practice, and Policy</i>
2022-2023	AP-LS Conference, American Psychology-Law Society, Reviewer

### **PROFESSIONAL AFFILIATIONS & MEMBERSHIPS**

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2024-Present	Society for the Scientific Study of Sexuality
2023-Present	Society for Personality Assessment, Student Member
2023-Present	Eastern Psychological Association, Student Member
2022-Present	American Psychology-Law Society (APA Division 41), Student Member
2022-Present	American Psychological Association, Student Member
2022-Present	Psi Chi National Honor Society, Member

### **SKILLS**

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- Clinical Assessment Administration and Interpretation:
  - WAIS-IV, RBANS, D-KEFS
  - MMPI 2, MMPI 2-RF, MMPI-3, PAI, MCMI-IV

- TOMM, VIP, SIMS, M-FAST
- SLUMS, MMSE, MoCA, DRS-2
- BDI-II, BAI, BHS, C-SSRS
- RCFT
- TONI-4
- WCST
- TAT
- SPSS
- Qualtrics
- Web and graphic design
- Microsoft Office Systems (Excel, PowerPoint, Word)

## **LANGUAGES**

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- American Sign Language (Fluent)