

**Sarah Beth Kirk
Curriculum Vitae**

Contact Information:

KU Psychological Clinic
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LICENSURE

Licensed Clinical Psychologist –Kansas (Sept. 20, 1999 #1052)
Licensed Clinical Psychologist –Missouri (Sept. 1, 1999 #01939)

Board Certification- American Board of Professional Psychology (ABPP)

Board Certified in Clinical Psychology (July 30, 2015 #7698)

Health Services Provider and Member of the National Register Health Service Network –
Designated National Register Health Service Psychologist

EDUCATION

- Ph.D.** Clinical Psychology, Specialty in Health and Rehabilitation, University of Kansas. August 1998
- M.A.** Clinical Psychology, Specialty in Health and Rehabilitation, University of Kansas, Department of Psychology, Lawrence, Kansas. December 1994
- B.A.** Majors in Psychology and Sociology, University of Kansas, Lawrence, Kansas. *With Highest Distinction*, May 1991. *Phi Beta Kappa*

Awards:

Nominated for the 2025 Grant Goodman Undergraduate Mentor Award

2019 Emily Taylor Center Recognition Award – Bernadette Gray-Little

“Expanding the Reach” This award, one presented to a faculty member and one to a staff member, recognizes recipients who are contributing to campus recruitment and retention efforts through their work to promote gender equity and campus diversity. This award was created to honor Dr. Gray-Little and her significant contributions to KU during her tenure as Chancellor

2019 John C. Wright Outstanding Graduate Mentor Award. This annual award is given to honor a faculty member in the College who demonstrates exceptional effort, care, and guidance in the advisement of graduate students.

Award for Teaching Excellence – May 10th 2011 – Graduate Student nomination for teaching excellence awarded by the Center for Teaching Excellence at the University of Kansas

CURRENT POSITION

Director of the University of Kansas Psychological Clinic

Associate Director of the Clinical Psychology Program

Duties include Administration of the Training Clinic and Supervision of Staff and Clinic Supervisors

Director of all Practicum Training and Programing – Oversee all outside practicum sites as well as KU Psychological Clinic

Oversee clinic budget and all staff positions and budget devoted to clinical supervision at KU Psychological Clinic

Development of core competencies for clinical psychology training and program development

Supervision of graduate students in the Clinical Psychology Graduate Program

Teaching Graduate level coursework

Quality assurance and applied research - assessment of clinic outcomes and compliance with clinic procedures

Service - dissertation and thesis committees, advising committees, and appropriate department or university related committees

Direct provision of clinical services in KU Psychological Clinic

Support Director of Clinical Training with administrative duties for clinical psychology program

CLINICAL EXPERIENCE

Psychologist in Practice in KU Psychological Clinic, 8/2005-current, children, adolescent, and adults for treatment and assessment. Specializing in autism spectrum disorder, anxiety disorders, and complex medical problems. Assessment interests are learning disabilities, cognitive, autism spectrum disorder, and complex psychiatric evaluations.

Staff Clinical Psychologist, 9/99-08/05

Psychologist in Section of Developmental and Behavioral Sciences, Children's Mercy Hospital

Assistant Professor in Pediatrics University of Missouri-Kansas City School of Medicine

Co-Director of Integrative Pain Management Service

Psychologist serving Integrative Pain Management Service, Liver Transplant Team, CARE team, Dermatology Clinic, Consultation and Liaison service, Rehabilitation, Nephrology, and general outpatient developmental medicine. Duties include training & supervision of interns & students, assessment, individual psychotherapy, consultation, and parent training. Assessment

includes mood, personality, projective, psychoeducational, intelligence, neuropsychological, and behavioral. Licensed in Kansas and Missouri.

Clinical Psychology Fellow, 8/98-8/99. Psychology fellow at Children's Mercy Hospital. Duties include assessment, therapy, parent training, consultation with school professionals, consultation and liaison on all medical floors, presentations in the community, family meetings, staff meetings, didactics, continuing education, research, supervision of practicum students, and report writing. 2,000 hours.

Clinical Psychology Intern, 8/97 – 8/98. Served as a psychology intern at Western Missouri Mental Health Center with a rotation at Children's Mercy Hospital. Duties included assessment, individual psychotherapy, group psychotherapy, case management, and forensic pre-trial evaluation. Adult, adolescent, and child populations. 2000 hours.

Teaching Experience

Instructor of Graduate Courses - Department of Psychology, University of Kansas, Lawrence, KS. 2005-Present, Assessment I & II (cognitive, symptom, personality, diagnostic interviewing), and Consultation and Supervision. Also now teaching Ethics and History – all **graduate level**.

Duties also include supervision of clinical graduate students in required and advanced practicum. Clinical population includes children, adolescents and adults and a mix of assessment and treatment.

Instructor of Health Psychology Department of Psychology, University of Kansas, Lawrence, KS Fall 2006 (undergraduate course, enrollment 72 students)

Assistant Instructor. Department of Psychology, University of Kansas, Lawrence, KS. Spring 1994, Fall 1995 and Summer 1996: Health Psychology; Spring and Fall 1996, Spring 1997: Personality. Health psychology is an upper level psychology course, and Personality is an introductory course. Developed curriculum, prepared and presented course material through lecture, class discussion, classroom activities, and guest speakers. Created and administered examinations, advised and tutored students during office hours. Full responsibility for one section of 50 for Health Psychology and two sections of 50 each for Personality

Professional Memberships

American Psychological Association (Section IX of Division 12)
Association of Directors of Psychology Training Clinics, APTC
Kansas Psychological Association, KPA - Currently KPA – Academic and Research
Representative and part of Advisory Board
Kansas Behavioral Sciences Regulatory Board Licensed Psychology Advisory
Committee

Research

Presentations

Poster Presentation: Pascale-Hague, D., Coutinho, M.T., Nye, S., Smith, L. & **Kirk, S.** (2025). Training the Next Gen: Navigating and Bridging the Generational Gap in Clinical Supervision, Association of Psychology Training Directors (APTC) Conference, Nashville, TN.

APTC Conference Saturday, March 11, 2023, 9:15-10:30am, 75 minute, Panel Presentation & Roundtable Discussions *The Secret to Success: Self-promotion in Academic Settings*

1. Part 1-Panel: *Barriers to Self-Promotion* by Stephanie Graham, *Avenues of Self-Promotion for Non-tenure Track Faculty* by Emily Stafford, and *Strategies for Tenure Track Faculty* by Heidi Zetzer

Part 2: Topical roundtable discussions led by: Cynthia Gonzalez, Robert Heffer, Jr., Jacqueline Hersh, **Sarah Beth Kirk**, Debbi O'Brien, William Salton, Rachel Stephens, A. Jordan Wright, & Kimberly Zlomke
Kirk, S. (2023) noon-1pm Webinar for KPA *Adult ADHD assessment: Challenges Practitioners Face*
Kirk, S., Mosconi, M. & Swindler, S. (2023) ASD Behaviors in and out of the Classroom – 2 hour training for Engineering Department Retreat – U of Kansas 1/13/2023 G411 LEEP Bldg

Kirk, S. (2021) *Intersection of Autism and Other Mental Health Conditions: Challenges of Assessment and Intervention*, KPA CE 1 hour 12-1 07/23/2021 Webinar

Kirk, S. (2021) Student Trainee Panel: *Thoughts on Promoting Diversity, Cultural Humility and Anti-Racism in Psychology Training* (Moderated by Sarah Kirk at KPA Conference – Virtual)

Kirk, S. (2021) *The Intersection of Autism Spectrum Disorder and other Mental Health Conditions*, Autism Across the Life Span Conference 2020; April 10, 2020 8:30am-4:30pm Virtual

Kirk, S. (2020) *What to Expect When you go to Psychotherapy: Let's Approach it Together*, April 25, 2020 Staff Leadership Summit, U of Kansas – KS Union 1 hour

Kirk, S. (2019) *Autism Spectrum Disorder and Intersection with other Mental Health Conditions*. U. of Kansas, HR Lunch and Learn Series; Alderson Auditorium, KS Union

Kirk, S. (2019) *"A Tour of ASD, ADHD, and OCD"*. U. of Kansas Mini-College; The Commons in Spooner Hall

Kirk, S. (2019) *Anxiety 101: How to work with Students with High Anxiety*. CTE University of Kansas – Lunch and Learn Faculty Session

Kirk, S. (2014, Nov.) *Autistic Spectrum Disorders: Diagnosis and Treatment* JRP U. of Kansas 0900-1200 For Leavenworth/Topeka VA systems 3 hour CE training session

Kirk, S. (2010). *Motivational Interviewing* Grand Rounds KUMC 1 hour CE training session

Kirk, S. (2009). *Motivational Interviewing* Lawrence Public Library 0900-1200 For Leavenworth/Topeka VA systems 3 hour CE training session

- Kirk, S.** (2009). *"Now what?" Resources and strategies to assist when you're non-renewed, downsized, or let go* Thursday, March 5; noon to 1:30 pm Pine Room, Kansas Union
- Kirk, S.** (2006, Sep.). Cognitive Behavioral Therapy with Children and Adolescents, Paul Laybourne Symposium on Child Psychiatry, Olathe, KS
- Kirk, S.** (2004). Guided Imagery. Comprehensive Comfort Care Nurses Training. Kansas City, MO.
- Kirk, S.** (2004, July). Stress Relief and Coping Tips in Pre-Adolescence and Adolescence Groups. Foundation for Ichthyosis and Related Skin Types National Family Conference, Kansas City, MO.
- Kirk, S.** (2004, May). Maintaining Professional Boundaries, Nursing Updates Children's Mercy
- Kirk, S.** (2004, April). Parenting Difficult Children, Lee Summit Hospital, CME Conference
- Kirk, S.** (2003, March). Behavioral Aspects of Klinefelter's. Pediatric and Adolescent Conference, KC, MO.
- Kirk, S.** (2003, Nov.). Learning Disabilities. Lee Summit Hospital CME Conference
- Kirk, S.** (2002). ADHD and Chronic Pain Management, College of Health Sciences, KC, MO.
- Kirk, S.** (2002, Jan. Feb. Mar. April). Division of Family Services Training in Psychosocial Issues. Kansas City, MO.
- Kirk, S.** (2002, Feb.). Stress and Coping. Advanced Theoretical Perspectives on Occupational Therapy (OT 705). KUMC, Kansas City, KS.
- Kirk, S.** (2001, Oct.). Psychological Effects of Domestic Violence. 4rd Annual Domestic Violence & Interdisciplinary Conference. Kansas City, MO
- Kirk, S.** (2001, May). Parenting Difficult Children. Truman East Medical Staff Noon Lecture Series, Lee Summit, MO.
- Kirk, S.** (2000, Oct.). Effects of Psychological Effects of Domestic Violence. 3rd Annual Domestic Violence & Interdisciplinary Conference. Kansas City, MO
- Kirk, S.** (2000, Aug.). Depression in School Age Children: Identification and Treatment. Olathe School District Counselors. Olathe, KS
- Kirk, S.** (2000, April). Difficulty Diagnosing ADHD in Chaotic, Abusive, & Neglectful Environments. SAFE-CARE Training, Kansas City, MO.
- Kirk, S.** (2000, Feb.). Attention Deficit Hyperactivity Disorder: An overview of school interventions. Luff Elementary, Teacher in-service, Independence, MO.
- Kirk, S. & Dedmon, A.** (1999, Dec.). Developmental Stages and Appropriate Discipline. Kaw Valley Center Conference for Foster-Parent Training. OP, KS.
- Kirk, S.** (1999, Oct.). Effect of Impaired Attachment on Future Behavior: Responding to Child & Adolescent Behavioral Needs. 2nd Annual Domestic Violence & Children Interdisciplinary Conference.

Publications

Sayegh, P., Vivian, D., Heller, M. B., **Kirk, S.**, & Kelly, K. (2023, May 25). Racial, Cultural, and Social Injustice in Psychological Assessment: A Brief Review, Call to Action, and Resources to Help Reduce Inequities and Harm. *Training and Education in Professional Psychology*. Advance online publication. <https://dx.doi.org/10.1037/tep0000451>

Russell, J., Clark, H., Taylor, H. & **Kirk, S.** (2022). Training in Professionalism: Finding a fluid and collaborative pathway. *APTC Bulletin* Summer/Fall 2022, p. 18.

Ethics Blog <https://www.psychologytoday.com/us/blog/the-ethical-professor/201805/3-more-ways-teach-ethics>

Smith-Boydston, J.M., & **Kirk, S.B.** (2015). Outpatient clinics. In J. Norcross, G. VandenBos, & D. Freedheim (Editors-in-Chief), L. Campbell, M. Domenech Rodriguez, R. Krishnamurthy, B. Olatunji, & N. Pole (Associate Editors), *APA handbook of clinical psychology: Vol. 1. Roots and branches*. Washington, DC: American Psychological Association.

Ward-Smith, P., **Kirk, S.**, Hetherington, M. & Hubble, C. (2005). Having a child diagnosed with cancer: An assessment of values from the mother's point of view. *Journal of Pediatric Oncology Nursing*, 22, 320-327.

Welsch, HI, Nopper, AJ, Dekharghani, F, Kippes, C, **Kirk, S**, Butler, MG. (2003). Tuberous Sclerosis and Neurofibromatosis Type 1: A Case Report. *Genetics in Medicine* 5(3):226.

Stanton, A. L., Danoff-Burg, S., Sworowski, L. A., Collins, C. A., Branstetter, A., Rodriguez-Hanley, A., **Kirk, S. B.**, & Austenfeld, J. L. (2002). Randomized, controlled trial of written emotional expression and benefit finding in breast cancer patients. *Journal of Clinical Oncology*, 20, 4160-4168.

Stanton, A.L, **Kirk, S.** Cameron, C.L., Danoff-Burg, S. (2000). Coping through emotional approach: Scale construction and validation. *Journal of Personality and Social Psychology*, 78, 1150-1169.

Stanton, A.L., Danoff-Burg, S., Cameron, C.L., Bishop, M., Collins, C.A., **Kirk, S.B.**, Sworowski, L.A, & Twillman, R. (2000). Emotionally expressive coping predicts psychological and physical adjustment to breast cancer. *Journal of Consulting and Clinical Psychology*, 68, 875-882.

Stanton, A.L., Danoff-Burg, S., Cameron, C.L., Snider, P., & **Kirk, S.B.** (1999). Social Comparison in breast cancer patients: An experimental examination of upward affiliation and downward evaluation. *Health Psychology*, 18, 151-158.

Other Research Experience

APTC Guide to Testing (national group compendium for guiding training in Assessment for training clinics). Contributing member.

Served as reviewer for Pearson Higher Education *Fundamentals of Clinical Supervision, 6th Ed.* Bernard & Goodyear. (2015)

Served as reviewer for *Handbook of Pediatric Psychology* (5th edition) (2015)

Served as reviewer for Training and Education in Professional Psychology (2013-present)

Served as special reviewer for two articles submitted to Psychological Reports and Perceptual & Motor Skills (2010)

Served as reviewer for: MIDWESTERN ASSOCIATION OF GRADUATE SCHOOLS MASTERS THESIS competition (2008)

Development of Outcome Assessment Tools and Data Base for Integrative Pain Management Clinic

Development of Pediatric Values Inventory for Families of Children with Life-Threatening Illness. Grant from Katharine B. Richardson Associates Endowment Fund.

Children Undergoing Medical Evaluation of Sexual Abuse and Depressive Symptom Presentation. Children's Mercy Hospital September, 1999. Co-investigator, Irene Walsh, MD

Dissertation Research. University of Kansas. June, 1998 "Emotional Processing After a Highly Stressful Event: Effects on Physiological Arousal, Affect, Psychological Adjustment and Health."
Annette Stanton, PhD Chair.

Ph.D. Comprehensive Examination Research. University of Kansas. Successfully completed on November 15, 1996. "The Effects of Emotional Processing on Psychological Adjustment and Health: A Theoretical and Methodological Review: Review article accepted in partial fulfillment of the Ph.D. Comprehensive Examinations

Committees & Service

Member of APTC Technology, Assessment and Competencies committees.
University of Kansas Staff Senate – Diversity and Professional Development
Committees
Kansas Behavioral Sciences Regulatory Board Licensed Psychology Advisory
Committee
Kansas Committee on Mental Health Parity
Faculty Adviser – Diversity Committee Psychology Department
Diversity & Inclusion Committee U. of Kansas
Reviewer for KU Pre-proposals for the Douglas County Community Foundation
(required review of multiple proposals for grant funding from KU)
Member of APTC Assessment Work Group for COVID19 response
Served on Committee for John C. Wright Outstanding Graduate Mentor Award
Reviewer for Jacobey Baur Award – University of Kansas; 2018, 2019
Staff Fellows Program – University of Kansas 2018-19
(Summer 2013-2025) Women’s Leadership Institute from the Heartland, Mentor
& Support to women from Middle East/North Africa/South Asia
Member – Professional Development Governance and Representation Committee (Unclassified
employees). * Planned Mini-Wheat State Tour for Unclassified Committee
(2012-Present) Member – Advisory Consortium Group for KUMC - Focus on enhancing training
for underserved populations part of Diversity Grant for APA Internship
Member - subcommittee for the 2009 NCAA Certification process (Athletics Dept at the request
of Chancellor Hemenway)
Member - Faculty/Staff Athletics Mentoring Steering Committee
Faculty Mentor – Athletics Volleyball
Faculty Advisor for KU Psychology Graduate Students for Social Justice
Faculty Advisor for KU NAMI Chapter
(2006-2007) Chair of Search Committee for Director of Counseling and
Psychological Services (CAPS), University of Kansas
(2006-present) Member – Psychology Department Computer and Communications Committee
(2006) Member of Search Committee for Psychologist Position at Counseling and
Psychological Services, University of Kansas
(2006-present) Internship Committee for KU Clinical Program
(2006-present) Clinic Administrative Group – KU Psychological Clinic
(2004-2005) Physician Documentation Committee at Children’s Mercy Hospital
(2002-2004) Curriculum Council at University of Missouri-Kansas City Medical
School
(2000-2002) Bylaws Committee at Children’s Mercy Hospital
(1999-2000) Quality Assurance Board at The Children’s Place in Kansas City, MO

References

***Updated references available upon request.**

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Department of Psychology**

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