

Sara Lomba

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EDUCATION

University of Kansas

Doctoral Candidate in Clinical Psychology

Lawrence, KS

Graduation: TBD

Oberlin College

Major: Bachelor of Arts - Psychology | Minor: Africana Studies

Cumulative GPA: 3.42

Major GPA: 3.51

Oberlin, OH

Graduation: December 2020

GRANTS & SCHOLARSHIPS

Bonner Center Mini Grant

January 2020

- Awarded grant to fund community service activities for CVU volunteer trip to Cabo Verde at Oberlin College

E. Cowles Andrus 1916 Scholarship

July 2019– June 2020

- Scholarship awarded at Oberlin College for academic performance

Paul Cooper & Edit Bligh Scholarship

July 2016– June 2017

- Scholarship awarded at Oberlin College for academic performance

RESEARCH EXPERIENCE

Stanford University

Division of Sleep Medicine, Department of Psychiatry, School of Medicine, Stanford University

Redwood City, CA

Emmanuel Mignot, MD, PhD

Clinical Research Coordinator Associate

September 2021– August 2023

Clinical Research Coordinator 2

August 2023– August 2025

- Collaborate with and manage a team of 5 CRCs and student intern to run 10-20 clinical trials and investigational studies
- Independently led multiple studies while managing many in start-up and closeout
- Chart review potential participants, prescreen, recruit, enroll, and retain many participants across multiple studies
- Manage IRB for 30+ protocols and ensure regulatory compliance and compliance with federal and state requirements
- Lead weekly team meetings and check-ins to troubleshoot, direct, and provide feedback for the CRC team
- Strategize recruitment tactics, study execution, and participant retention across multiple studies with various goals
- Work with teams from other departments and institutions to conduct collaborative research projects across organizations
- Assess study feasibility for proposed projects and arrange study coordinator effort allocations to maximize efficiency
- Create and maintain study materials, potential participant databases, SOPs, and regulatory materials
- Interview potential new CRCAs and train incoming staff on lab SOPs and practices

Child and Adolescent Psychiatry and Child Development, School of Medicine, Stanford University

Palo Alto, CA

Michele Berk, PhD

Clinical Research Coordinator 2

August 2024– Current

- Lead study coordination on two projects, A Foundation of Suicide Prevention and Combined DBT and CBTI for Insomnia for Adolescents, exploring treatments to reduce the risk for adolescents with self-harm behaviors and suicidality.
- Work with a team to screen, schedule, compensate, and conduct assessments evaluating suicidal behavior and self-harm history, and active suicide ideation with parents and adolescents seeking treatment for NSSI and suicidality.

PROFESSIONAL EXPERIENCE

Eureka Sky

San Francisco, CA

Sales Associate

August 2021- May 2023

- Worked Saturday shifts, labeling and organizing inventory, managing the register, and providing excellent customer service.
- Worked with the team to manage daily operations, listened to customer needs, and assisted customers in finding the right products to meet their needs.

Saint Francis Foundation

Hartford, CT

Summer Intern & Database Assistant from Sep 2019

May 2019 – September 2021

- Interned as an administrative assistant to the Director of Events and performed various tasks at the Saint Francis Foundation. I coordinated with members of staff to plan three fundraising events, which raised over a million dollars to support various hospitals. This position evolved into a part-time role where I maintained and improved CRM database accuracy.

PUBLICATIONS

Lomba, S., Sum-Ping, O., & Mignot, E. (2024). 1026 validation of the situational sleepiness scale. *SLEEP*, 47(Supplement_1). <https://doi.org/10.1093/sleep/zsae067.01026>

Lomba, S., Köhler, L., Mignot, E., & Sum-Ping, O. (2024). Validation of a fully automated scoring of polysomnograms: A new machine learning approach performs equally well as human operators. *Sleep Medicine*, 115.
<https://doi.org/10.1016/j.sleep.2023.11.441>

PRESENTATIONS

Validation of the Situational Sleepiness Scale

Poster presented at the Sleep 2024 conference (Houston, TX)

Validation of a Machine Learning Approach to Automated Scoring of Polysomnograms

Poster presented at the 2023 World Sleep Congress (Rio de Janeiro, Brazil)

MANUSCRIPTS IN DEVELOPMENT

Lomba, S., Sum-Ping, O., & Mignot, E. Validation of the Situational Sleepiness Scale in Patients with Sleep Disorders.

Manuscript is in development; will be submitted to peer-reviewed journals in Q4 2025

de Freitas Dias, B., Ricciardiello Mejia, G., **Lomba, S.**, Pelayo, R., Mignot, E. Longitudinal Effects of Sleep Education on

Undergraduate and Graduate Students: Insights from Stanford's PSYC 235 and 135 Courses. Manuscript is in development; submitted to peer-reviewed journals in Q2 2025

Wilson, A., Ricciardiello Mejia, G., **Lomba, S.**, Sum-Ping, O., Bonilla, H. Long COVID Sleep Disturbances: Investigating

Prevalence, Associations, and Interconnected Symptoms. Manuscript is in development; submitted to peer-reviewed journals in Q2 2025

TEACHING EXPERIENCE

Teaching Assistant

Oberlin, OH

Introduction to Psychology

February 2020 – May 2020

- Supported class activities and grading while mentoring, inspiring, and providing personalized assistance to students, fostering an engaging and productive learning environment.

VOLUNTEER WORK

Cabo Verdeans United - <https://www.caboverdeansunited.org>

2009- Present

- Board membership in the organization and contribute by providing administrative assistance and contributing to project execution, fundraising, and playground installation in Cabo Verde.
- Meet weekly to discuss ideas, plan, and execute fundraisers with other board members. I work in a subcommittee to coordinate educational, play, and health resources to promote well-being, play, and creativity for the children of Cabo Verde.

Oberlin Student Cooperative Association

Oberlin, OH

Board Member

August 2019– December 2020

- Through weekly board meetings, I played a role in managing a multimillion-dollar nonprofit organization, addressing the needs of hundreds of members at Oberlin College. As the liaison for the Brown Bag Co-op, I gathered, synthesized, and disseminated information on proposals to co-op members while actively participating as a voting board member.

Swim Lessons for Oberlin College Students

Oberlin, OH

April 2019- May 2020

- Organized and held free swim lessons for underserved members of Oberlin's community.