CURRICULUM VITAE

Chloe R. Grabanski

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EDUCATION

Doctor of Philosophy, Clinical Psychology Anticipated May 2030
The University of Kansas
Advisor: Dr. Charlene Muehlenhard

Master of Arts, Clinical Psychology August 2024
University of Massachusetts Dartmouth – Dartmouth, MA
Thesis: An Exploratory Study on Sexual Expectations, Attitudes and Behaviors of Individuals Who Use Customizable Pornography.
Advisor: Dr. Raina Lamade

Bachelor of Arts May 2011
University of North Dakota – Grand Forks, ND
Major: Communications
Minor: Psychology

LICENSURE

Licensed Professional Counselor -T
Kansas
License #: LPC 04966-T

RESEARCH EXPERIENCE

Lab Member August 2025 – Present
Sexuality Research Lab
University of Kansas – Lawrence, KS
Principal Investigator: Dr. Charlene Muehlenhard

Project:

1. Customized Pornography and Content Requests Online
2. Parasocial Relationships with Digital Sex Workers

Tasks:

- Thematic analysis of online content requests for customized pornography.
- Coding manual development.
- Development of research questions related to parascocial relationships with digital sex workers.
- Exploring development of a measure of parasocial relationships in sexual spaces.
- Participate in weekly research group meetings with undergraduate students
- Participate in weekly lab meetings

Graduate Research Assistant March 2022 – August 2025
University of Massachusetts Dartmouth – Dartmouth, MA
Principal Investigator: Dr. Raina Lamade

Projects:

1. Forensic Mental Health Assessment During COVID-19
2. Risk Factors for Campus Sexual Assault
3. Relationships Across in Person and Virtual Contexts
4. Customized Pornography Use and Sexual Attitudes, Expectations and Behaviors
5. Involuntary Commitment for Substance Use (Section 35)

Tasks:

- Assist with developing survey questions and measures to be included in studies.
- Assist with the IRB proposal writing and submission.
- Enter all questions and complete formatting of surveys into Qualtrics.
- Disseminate surveys in Prolific, MTurk and recruit participants through social media.
- Quantitative data coding and cleaning including multiple imputation for missing data.
- Qualitative data coding of open-ended survey responses with team of coders.
- SPSS analysis of quantitative data utilizing t-tests, ANOVA, Chi-square, Mann-Whitney U, and Kruskal-Wallis H tests.
- Assist with writing the introduction, procedure, results and discussion section for manuscripts and poster presentations.
- Conduct literature reviews for poster presentation and manuscript preparation.
- Supervise undergraduate and graduate student research assistant work for encyclopedia chapter writing.
- Assist with grant applications.

Behavioral Health Planning Analyst December 2017 – March 2022
Kern Behavioral Health & Recovery Services – Bakersfield, CA

Projects:

1. Drug Free Kern Coalition
2. Place of Last Drink DUI Prevention
3. Drug Free Kern Naloxone Distribution Program
4. Kern Rx Return Safe Medication Disposal Program
5. Drug Free Kern Environmental Substance Use Prevention

Tasks:

- Management of a SAMHSA Drug Free Communities grant (SP020979-05) which included writing the grant reapplication and preparing the budget and program narrative annually. This also included developing survey instruments, data collection and cleaning and tracking program objectives and outcomes.
- Qualitative and quantitative data collection, cleaning and analysis for the development and implementation of the five-year Kern County Primary Prevention Plan per California Department of Health Care Services Regulations.
- Administered surveys on the impact of intoxicated/impaired driving in Kern County which included human subject interaction, analysis of findings, and development of recommendations to reduce the frequency of intoxicated/impaired driving.
- Oversight of the California Department of Health Care Services Primary Prevention Substance Use Disorder Data Service database for Kern County.

- Day to day management of the Kern Rx Return safe medication disposal program which included data collection, data analysis and report writing.
- Created and managed the Drug Free Kern Naloxone Distribution Program. This included coordinating the training and distribution of naloxone throughout Kern County, analyzing program data and reporting outcomes to the California Department of Public Health.
- Researched and coordinated environmental prevention efforts to reduce availability and access to alcohol for minors and harm reduction strategies related to illicit opioid use (e.g., safe syringe disposal and implementation of a syringe exchange service program).
- Invited to speak at over 20 schools, coalitions, and government organizations on topics such as substance use prevention, overdose prevention, and the impact of substance use and abuse on adolescents and communities.

PUBLICATIONS

Lamade, R. V. & **Grabanski, C.R.** (2025). Campus sexual assault. In Burgess, A.W. *Practical Aspects of Rape Investigation: A Multidisciplinary Approach*, (6th edition). Boca Raton, FL: CRC Press, Taylor & Francis.

Frenking, N. S., **Grabanski, C. R.**, & Lamade, R. V. (2025). Child maltreatment: Parental mental health and PTSD in military personnel. In *Encyclopedia of Domestic Violence*. Springer.

Lamade, R. V. **Grabanski, C. R.**, & Frenking, N. S. (2024). Child maltreatment in the military: Military stressors, deployments, post-deployment and reintegration. In *Encyclopedia of Domestic Violence*. Springer. https://doi.org/10.1007/978-3-030-85493-5_260-1

Lamade, R. V. **Grabanski, C. R.**, Frenking, N. S., & Pennine, M. (2024). Intimate partner violence. In *Encyclopedia of Domestic Violence*. Springer. https://doi.org/10.1007/978-3-030-85493-5_871-1

Cocozza, W., **Grabanski, C. R.**, & Lamade, R. V. (2024). Child maltreatment and combat injury. In *Encyclopedia of Domestic Violence*. Springer. https://doi.org/10.1007/978-3-030-85493-5_251-1

Lamade, R. V., Seidman, H., & **Grabanski, C. R.** (2024). Child maltreatment: Actuarial risk assessment. In *Encyclopedia of Domestic Violence*. Springer. https://doi.org/10.1007/978-3-030-85493-5_1856-1

Lamade, R. V., **Grabanski, C. R.** & Seidman, H. (2024). Historical risk factors for domestic violence. In *Encyclopedia of Domestic Violence*. Springer. https://doi.org/10.1007/978-3-030-85493-5_770-1

Lamade, R. V., Pennine, M., & **Grabanski, C. R.** (2024). Maternal filicide: Prediction of risk factors. In *Encyclopedia of Domestic Violence*. Springer. https://doi.org/10.1007/978-3-031-08956-5_1498-1

Grabanski, C. R., Lamade, R. V., Marques, F. M., & Chaves, C. A. (2023). Substance use and addiction and domestic violence. In *Encyclopedia of Domestic Violence*. Springer. https://doi.org/10.1007/978-3-030-85493-5_1613-1

Lamade, R. V., **Grabanski, C. R.**, & Pennine, M. (2023). Femicide. In *Encyclopedia of Domestic Violence*. Springer. https://doi.org/10.1007/978-3-030-85493-5_591-1

Brown, A., Lamade, R. V., & **Grabanski, C. R.** (2023). Sexual offending. In *Encyclopedia of Sexual Psychology and Behavior*. Springer. https://doi.org/10.1007/978-3-031-08956-5_2221-1

Seidman, H., Lamade, R. V., **Grabanski, C. R.** (2023). Intimate partner violence. In *Encyclopedia of Sexual Psychology and Behavior*. Springer. https://doi.org/10.1007/978-3-031-08956-5_1242-1

Marques, F. M., **Grabanski, C. R**., & Lamade, R. V. (2023). Rape and coercion: Pornographic consumption. In *Encyclopedia of Sexual Psychology and Behavior.* Springer. https://doi.org/10.1007/978-3-031-08956-5_1974-1

Grabanski, C. R., Lamade, R. V., & Okanlawon, A. (2023). Femicide-suicide. In *Encyclopedia of Sexual Psychology and Behavior*. Springer. https://doi.org/10.1007/978-3-031-08956-5_969-1

Grabanski, C. R., Lamade, R. V., Guarini, B. C., & Rosa, A. M. (2023). Intimate partner rape. In *Encyclopedia of Sexual Psychology and Behavior*. Springer. https://doi.org/10.1007/978-3-031-08956-5_1241-1

Chaves, C. A., Lamade, R. V., & **Grabanski, C. R.** (2023). Personality and individual differences: Sexual coercion. In *Encyclopedia of Sexual Psychology and Behavior*. Springer. https://doi.org/10.1007/978-3-031-08956-5_1811-1

Grabanski, C. R., Okanlawon, A., Lamade, R. V., & Goulden, K. J. (2022). Psychosocial factors associated with happiness. In *Happiness and Wellness - Biopsychosocial and Anthropological Perspectives*. IntechOpen. https://doi.or g/10.5772/intechopen.106952

MANUSCRIPTS SUBMITTED & IN PREPARATION

Lamade, R. V., **Grabanski, C. R.**, Eckrich S, & Alt., L. (submitted). Lessons learned from forensic mental health practitioners, trainees and supervisors and trainees' experiences during Covid-19: A summary of findings and recommendations.

Lamade, R. V. Frenking, N. S., Aronie, J. H., & **Grabanski, C.R**. (submitted). Privacy Concerns of Forensic Mental Health Practitioners in the Digital Age.

Grabanski, C. R., Aronie, J. H., & Lamade, R. V. (revisions). Problematic cyber pornography use as a mediator for insecure attachment and relationship satisfaction.

Lamade, R.V., **Grabanski, C.R**., Frenking, N. S., & Alt, L. (in prep). Risk factors for sexual assault during college in women.

Lamade, R.V., Aronie, J. H., **Grabanski, C.R**., & Frenking, N. S. (in prep). A review of involuntary commitment for substance use treatment in the United States: Recommendations for research and policy.

PRESENTATIONS

Grabanski, C.R. & Lamade, R. V. (2026, November 11). *Sexual growth vs. sexual destiny: Exploring the relationship between pornography use and sexual satisfaction.* [Oral Presentation]. 2026 Annual Conference of the Society for the Scientific Study of Sexuality.

Grabanski, C.R. & Lamade, R. V. (2025, November 14). *Relationship satisfaction and customized pornography use* [Oral Presentation]. 2025 Annual Conference of the Society for the Scientific Study of Sexuality. Philadelphia, PA.

Grabanski, C. R., & Lamade R.V. (2025, March 15). *An exploratory study on characteristics and behaviors of customizable pornography users* [Poster Presentation]. 2025 Annual Conference of the American Psychology-Law Society, San Juan, Puerto Rico.

Grabanski, C. R., & Lamade R.V. (2025, March 14). *Sexual preoccupation and compulsivity in customized pornography users. Implications for problematic sexual behaviors and legal*

considerations [Poster Presentation]. 2025 Annual Conference of the American Psychology-Law Society, San Juan, Puerto Rico.

Grabanski, C. R., Frenking, N., Aronie, J.H., Santos, J., & Lamade, R.V. (2025, March 8). *Problematic cyber pornography use, insecure adult attachment and relationship satisfaction.* [Poster Presentation]. 2025 Annual Conference of the Eastern Psychological Association, New York, NY.

Santos, J., **Grabanski, C. R.**, Alt, L., Koss, M., & Lamade, R.V. (2025, March 8). *Unacknowledged rape in a sample of victims and perpetrators*. [Poster Presentation]. 2025 Annual Conference of the Eastern Psychological Association, New York, NY.

Alt, L., Frenking, N., **Grabanski, C. R.**, & Lamade, R.V. (2025, March 8). *Personality and the dark triad in sexual aggression tactics among college males.* [Poster Presentation]. 2025 Annual Conference of the Eastern Psychological Association, New York, NY.

Aronie, J.H., **Grabanski, C. R.**, Santos, J., & Lamade, R.V. (2025, March 7). *The current state of involuntary commitment for substance use treatment.* [Paper Presentation]. 2025 Annual Conference of the Eastern Psychological Association, New York, NY.

Frenking, N., **Grabanski, C. R.**, Aronie, J.H., Santos, J. & Lamade, R.V. (2025, March 7). *Perpetrators who use chatrooms to meet minors*. [Poster Presentation]. 2025 Annual Conference of the Eastern Psychological Association, New York, NY.

Grabanski, C. R., Pennine, M., & Lamade R.V., (2022, December 3). *An exploratory study of trainee and supervisor experiences in forensic mental health contexts during COVID-19* [Poster Presentation]. 2025 Annual Conference of the Massachusetts Psychological Association (MPA), Norwood, MA.

TEACHING EXPERIENCE

Adjunct Instructor
Kansas City Kansas Community College – Kansas City, KS — 2026 – Present
PSYC 101: Psychology — 2026 – 2027

Graduate Teaching Assistant — Fall 2025 – Present
University of Kansas – Lawrence, KS
PSYC 104: General Psychology

Adjunct Instructor — 2025 – Present
Avila University – Kansas City, MO
PY 650: Biological Bases of Behavior — Spring 2025
PY 656: Multicultural Counseling — Summer 2025
PY 645: Personality Assessment — 2025 – 2026
PY 101: General Psychology — Spring 2026
PY 615: Career Development — Summer 2026
PY 681: Human Sexuality — Summer 2026
CP 685: Orientation Counseling Professions — 2026 – 2027
CP 680: Psychology & the Law — Spring 2027

Teaching Assistant
University of Massachusetts Dartmouth – Dartmouth, MA
PSY 512: Evaluation Techniques — Spring 2024

CLINICAL EXPERIENCE

Crisis Specialist September 2026 – Present

- Provide supportive crisis services through triage and assessment as part of the Mobile Response Team (MRT).
- Conduct risk assessments utilizing evidence-based protocols including SAFE-T.
- Collaboratively create and review safety planning with clients in crisis.
- Provide recommendations for next steps including higher level of care or remaining in the community with the goal of helping clients stay safe in the least restrictive setting possible.

Crisis Director December 2024 – October 2026

The Guidance Center – Leavenworth, KS

- Oversee the operations of the organization's crisis services (Guiding Lights Crisis Stabilization Center, co-responders, jail liaison and mobile crisis) in Leavenworth, Atchison and Oskaloosa counties to ensure quality of care, fiscal and clinical accountability, and efficiency of crisis operations.
- Provide direct service to individuals / families engaging in crisis care or follow up care as needed including screens and assessments.
- Provide and document regularly scheduled supervision meetings with supervisees as well as team meetings with staff involved in providing crisis care.
- Responsible for the development and implementation of processes, procedures, and policies related to the delivery and reporting of crisis services.
- Responsible in coordination with CEO that the Center is following all licensing and regulatory requirements for crisis services, provides training when needed regarding crisis services.
- Conduct psychological assessments and competency to stand trial evaluations.
- Coordinate and implement Critical Incident Stress Debrief supports to the community as needed.
- Serve as supervisory support for crises in all three counties to include facilitating coordination of care and gap closure/ remediation.

Forensic Clinician July 2024 – December 2024

Beacon Mental Health – Kansas City, MO

- Provide behavioral health clinical services utilizing evidence-based practices (DBT, CBT, ACT, etc.) to patients that are committed to the Department of Mental Health.
- Facilitate intake assessments for those anticipating release from DMH or jail into the community including clients in treatment court programs (Mental Health Court, Drug Court, DUI Court, etc.).
- Provide crisis community support services and intervention to high-risk populations based on assessed needs.
- Complete assessments and intakes with patients including referrals to appropriate departments based on individual needs.
- Serve as a liaison with Clay County, MO jail staff, law enforcement and courts to ensure care coordination with high-risk patients upon their release.

Psychometrician June 2022 – May 2024
Bridgewater State Hospital – Bridgewater, MA

- Administered and interpreted clinical and forensic test batteries to patients with a variety of clinical presentations related to serious mental illness, complex trauma, substance use, and characterological or personality pathology for diagnostic clarification and feigning of mental health symptoms or competency deficits.
- Provided written reports based on testing to be utilized in court ordered forensic evaluations regarding competency to stand trial, criminal responsibility, and management in a correctional or hospital setting.
- Provided treatment intervention recommendations to mental health providers to utilize in patient treatment planning based on assessment findings.
- Organized and tracked all testing administered by pre-doctoral interns in the forensic department.

Mental Health Intern June 2023 – April 2024
Old Colony Correctional Center – Bridgewater, MA

- Provided psychological and therapeutic individualized and group treatment that is culturally sensitive, trauma informed, and evidence based (e.g. CBT, MI and DBT) to incarcerated adult males experiencing symptoms of mental illness, or significant characterological or personality pathology.
- Conducted mental health assessments and screenings to determine if incarcerated individuals and new transfers to the facility were at risk of harm to themselves or others and in need of therapeutic supervision.
- Responded to Department of Corrections (DOC) mental health requests and crisis situations including use of force throughout the facility by providing supportive counseling and behavioral intervention to assist incarcerated individuals with establishing and maintaining mental health stability.
- Worked within a multidisciplinary team to make recommendations for individualized care and treatment.

Direct Support Staff May 2023 – April 2024
Steppingstone Women's Residential Program – Fall River, MA

- Provided brief intervention and support to clients experiencing distress or in crisis.
- Supervised and monitored clients to ensure they are safe, engaged in programming, and provided appropriate care and interventions when necessary, including milieu management.
- Conducted screenings and intakes for new clients.
- Supervised clients during medication pass and maintained proper documentation of all client medications.
- Collected, prepared, and supervised drug screenings and administered breathalyzers.

Practicum Intern January 2023 – April 2023
Steppingstone Women's Residential Program – Fall River, MA

- Provided individual and group evidence based psychological and therapeutic interventions (e.g. CBT, MI, Seeking Safety and Relapse Prevention Planning) to adults with substance use and mental health disorders.

- Worked within a multidisciplinary team to provide services to women with substance use disorder and mental health diagnoses.
- Conducted assessments that were culturally responsive, and trauma informed.
- Conducted screening and intake interviews to determine client eligibility for services.

Cognitive Services Coordinator 2016 – 2017
Unified Government of Wyandotte County – Kansas City, KS

- Facilitated and supervised cognitive behavior education programming at Wyandotte County Community Corrections for individuals on pre-trial interventions, diversion, and probation. This included adult and juvenile probationers and the Drug Court docket.
- Conducted assessments with clients and reviewed collateral information to determine appropriate cognitive education services for clients based on their risk/need level.
- Attended weekly court meetings, testified, and coordinated programming for Wyandotte County Drug Court as part of an interdisciplinary team.

Youth Specialist II 2014 – 2016
Department of Youth Services, State of Missouri – Kansas City, MO

- Provided supervision, therapeutic support, and education services to justice-involved male adolescents with mental illness, complex trauma, and substance use that were incarcerated at the Northwest Regional Youth Center.
- Implemented group and individual treatment plans that were culturally sensitive, and trauma informed.
- Assisted residents in building and developing appropriate behavior, positive peer interactions, problem-solving, coping skills, life skills, and educational programming to help foster their growth and development.
- Taught high school level coursework (e.g. English, Math, History), and worked with residents on preparation for the HiSet (GED) exam.

Mental Health Technician 2014
CenterPointe Addiction & Mental Health Treatment, Adult Residential – Lincoln, NE

- Provided supervision and therapeutic interventions to clients in a dual-diagnosis residential treatment facility.
- Provided brief intervention services for clients experiencing dysregulation and crisis symptoms.
- Facilitated a weekly group on Emotional Expressions that featured different activities and tools to help clients express their emotions in a healthy and productive manner.
- Assisted program director and counselors with treatment plan development.
- Collected, prepared, and supervised drug screenings and administered breathalyzers.

RELEVANT PROFESSIONAL EXPERIENCE

Graduate Assistant September 2021 – May 2023
University of Massachusetts Dartmouth – Dartmouth, MA

- Provided academic coaching to approximately 24 students each semester with various mental health diagnoses or disabilities that impacts their performance in academic settings.

- Provided training and education to students enrolled in services.
- Developed programming for building skills related to time management, studying and testing taking.
- Coordinated testing for students with accommodations.

Director of Fundraising / Supporter Relations 2012 – 2014
To Write Love on Her Arms (TWLOHA) – Melbourne, FL

- Created, developed, and managed TWLOHA's high school campaign to empower youth to talk about mental health in over 500 participating high schools (Raised $235,000+).
- Created and managed TWLOHA's National Suicide Prevention Week campaign. This included curating content, design strategy, coordinating social media, building tools for supporter involvement, and fundraising (Raised $400,000+).
- Regularly conducted site visits to treatment facilities and organizations for partnerships.
- Invited to speak at various high schools and organizations.
- Managed the online fundraising platform and wrote annual finance reports.
- Managed TWLOHA's Supporter Benefit program.

Director of Communications / Benefit Coordinator 2010 – 2012
To Write Love on Her Arms – Cocoa, FL

- Oversight and management of organizational communication, including social media presence, website management and staff training on communication policies.
- Invited to speak at high schools and organizations in the United States and Europe.
- In 2010, entered TWLOHA in The Shorty Awards for "Best Nonprofit Use of Twitter" and the Mashable Awards for Must Follow Non-Profit. The organization won both.
- In 2010 entered TWLOHA in the USA Today "#AmericaWants" campaign, resulting in TWLOHA receiving a full-page in-kind print advertisement valued at $189,000.
- Continued all duties of the Benefit Coordinator

Intern / Benefit Coordinator 2008 – 2010
To Write Love on Her Arms – Cocoa, FL

- Developed and executed a new benefit program to allow supporters to host fundraising events for the organization. (Raised $100,000+).
- Facilitated a corporate partnership that resulted in a $50,000 donation.
- Tour representative for The Alkaline Trio tour, The Bamboozle Roadshow, and other various music festivals.
- Managed a web-based Street Team of 9,000 volunteers.

PROFESSIONAL DEVELOPMENT & TRAININGS

2026	DIAMOND Training
2026	Adult and Juvenile Competency to Stand Trial Evaluations, in Kansas
2024	Crisis Intervention Team (CIT)– 40 Hour Basic Training
2024	American Society of Addiction Medicine (ASAM) – Foundations and Skill Building Courses

2022-2024 Bridgewater State Hospital Postdoctoral Forensic Psychology Monthly Didactics
2022-2024 Bridgewater State Hospital Predoctoral Intern Clinical Assessment Monthly Didactics
2019 SAMHSA Drug Free Communities Grantee Training
2016 University of Kansas Emerging Leaders Academy

CERTIFICATIONS

2026 First Aid, CPR and AED, American Heart Association
2025 Collaborative Institutional Training Initiative (CITI), Human Research
2017 Certified Suicide Prevention Helper, ASIST
2017 Moral Reconation Therapy (MRT) Facilitator
2016 Truthought Corrective Thinking Practitioner
2016 WhyTRY Level 2 Resilience Training

2008 Suicide Prevention Specialist, QPR Institute

AD HOC REVIEWING

2024-Present *Journal of Psychological Trauma: Theory, Research, Practice, and Policy*
2023 *Journal of Interpersonal Violence*
2023 *Journal of Aggressive Behavior*

AWARDS, HONORS & SCHOLARSHIPS

Spring 2026 Stephen Leonard Scholarship ($1,583)
Spring 2026 Helga Vigliano Psych Scholarship ($909)
Spring 2026 Heidler Chotlos Sattler Scholarship ($666)
Spring 2024 Graduate Thesis Support Grant ($750)
Spring 2024 Alumni Association Graduate Scholarship (Total: $1,000)
2023-2024 Chancellor's Centennial Arts & Sciences Scholarship (Total: $1,938.36)
Spring 2023 Chancellor's Centennial Arts & Sciences Scholarship (Total: $895)
2022-2023 Alumni Association Graduate Scholarship (Total: $2,000)
2022-2023 UMassD Retirement Association Scholarship (Total: $500)
Fall 2022 Jack M. Gould Memorial Scholarship (Total: $600)
2015 Rising Star Award – Northwest Regional Youth Center

SERVICE

2025-Present Editorial Board Member; *Journal of Psychological Trauma: Theory, Research, Practice, and Policy*
2022-2023 AP-LS Conference, American Psychology-Law Society, Reviewer

SKILLS

- Clinical Assessment Administration and Interpretation:
  - WAIS-V, WAIS-IV, RBANS, D-KEFS
  - MMPI–3, MMPI 2-RF, MMPI-2, PAI, MCMI-IV
  - TOMM, VIP, SIMS, M-FAST, Rey-15
  - SLUMS, MMSE, MoCA, DRS-2

  - BDI-II, BAI, BHS, C-SSRS, EPSI
  - DIAMOND
  - BASC, Vineland, BRIEF-A, Brown EF/A Scales, Conners CPT-3
  - RCFT
  - TONI-4
  - WCST
  - TAT
- SPSS
- Qualtrics
- Web and graphic design
- Microsoft Office Systems (Excel, PowerPoint, Word)

LANGUAGES

- American Sign Language (Fluent)