

EMILY TETREAU

Curriculum Vitae
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RESEARCH INTERESTS

Perinatal mental health; trauma and stress across the reproductive lifespan; intergenerational transmission of adversity; resilience and protective factors during pregnancy; social determinants of maternal and infant health; prevention and intervention science; women's mental health.

EDUCATION

University of Kansas

Ph.D. in Clinical Psychology

Advisor: Jordan Thomas, Ph.D.

Lab: Trauma and Reproductive Psychology (TARP) Lab

Lawrence, KS
Aug 2026–Present

International Institute of Metro Detroit

Spanish Language Classes

- Spanish Level I (Fall 2025)
- Spanish Level II (Winter 2026)

Detroit, MI
Sep 2025–March 2026

Michigan State University

B.A. Psychology | GPA: 3.93

Minor: Human Behavior and Social Services

East Lansing, MI
Aug 2019–May 2023

AWARDS & HONORS

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| • MSU College of Social Science: Degree Awarded with Honor | 2023 |
| • Dean's List; College of Social Science: 8 semesters | 2019–2023 |
| • Provost Undergraduate Research Initiative Award | 2022 |
| • National Honor Society Scholarship | 2019 |
| • McLaren's Grads Giving Back Scholarship | 2019 |

RESEARCH EXPERIENCE

Research Study Coordinator II

Henry Ford Health System

Detroit, MI
Jul 2025–Jul 2026

Synergy of Scholars for Maternal and Infant Health Equity Network (SOS Maternity)

PI: Gregory Goyert, MD

- Act as a patient navigator for pregnant individuals at an OBGYN clinic, supporting diverse patients at elevated risk for preeclampsia or preterm birth in accessing and coordinating perinatal care.
- Conduct structured follow-up assessments to evaluate maternal stress, preeclampsia symptoms, and gaps in social determinants of health.
- Extract relevant data from electronic medical records (EMR) and enter into Medidata.
- Connect participants to relevant resources in the community based on self-indicated needs.

The Perinatal Behavioral Health Integration (Peri-BHI)

PI: Amy Loree, PhD

- Contribute to multi-site research collaboration on a project that compares the rates of self-reported first time depressive episodes in the perinatal period to record of provider diagnoses in EMR.

Volunteer Research Assistant
Harvard T.H. Chan School of Public Health

Boston, MA
Jan 2025–present

Global Health Research and Training in Non-Communicable Diseases and Perinatal Epidemiology

*PI: Bizu Gelaye, PhD;
Elizabeth Levey, MD*

- Screened over 200 peer-reviewed publications for a systematic review examining maternal trauma exposure timing and offspring psychological outcomes.
- Extracted relevant measures, methods, and results from articles to be incorporated into the final text.

Clinical Research Coordinator II

Massachusetts General Hospital and Harvard Medical School

Boston, MA
Jul 2023–Jul 2025

Prenatal Folic Acid and Adolescent Brain Development (PFAB)

PI: Joshua Roffman, MD

- Administered K-SADS semi-structured interview to assess psychiatric symptoms and diagnoses in pediatric populations; presented cases in lab meetings for supervision and differential diagnosis.
- Administered cognitive testing for adolescents with psychiatric diagnoses.
- Screened potential participants for fMRI eligibility, provided education and answered questions about the imaging process to parents.
- Utilized the ABCD dataset to conduct secondary analyses examining cognition and development.

Longitudinal Study of Genetic Influences on Cognition (LOGIC)

PI: Alysa Doyle, PhD

- Consented over 130 families at a neuropsychological clinic, prioritizing professionalism and sensitivity to the unique needs of pediatric patients with neuropsychiatric diagnoses.
- Assisted in cleaning and organizing large phenotypic datasets for analysis.

Volunteer Research Assistant

Michigan State University Department of Psychology

East Lansing, MI
Aug 2021–Jun 2023

Timing of Prenatal Stress and Infant Regulatory Functioning

PI: Alytia Levendosky, PhD

- Determined participant eligibility by assessing socioeconomic status, neighborhood safety, food insecurity, and experiences of intimate partner violence.
- Administered questionnaires and behavioral observations of mothers and their babies.
- Cleaned fetal movement and mother's heart rate data in MATLAB.
- Led and assisted in clinical interviewing using the WMCI, DIPA, and a study-specific interview assessing healthcare discrimination among pregnant women.

Student Data Assistant

Michigan State University College of Education

East Lansing, MI
Aug 2022–May 2023

Office of K-12 Outreach

Supervisor: Jacqueline Gardner, PhD

- Developed visual representations of data for projects focused on teacher retention, leadership development, and outcomes for minority students.
- Created surveys in Qualtrics and REDCap.
- Utilized SPSS to assess inequality in disciplinary action for minority students for presentation at school board meetings.
- Collected recent literature and events on diversity, equity, and inclusion in education to write segments for the College of Education's monthly newsletter.

Volunteer Research Assistant

Michigan State University Department of Psychology

East Lansing, MI
Aug 2020–Jul 2022

The Dyadic Effects of Optimism on Health and Biological Functioning

PI: William Chopik, PhD

- Assisted with projects focused on lifespan development, relationships, and well-being.
- Reviewed text for research surveys to identify instances of ambiguity and biased language.
- Coded nominal open-ended variable data to assess the frequency of gratitude domains in a large dataset.

TEACHING EXPERIENCE

Graduate Teaching Assistant

General Psychology (PSYC 104)

Lawrence, KS
Aug 2026–Present

Undergraduate Teaching Assistant

Introduction to Psychology (PSY 101)

East Lansing, MI
Aug –Dec 2021

- Assisted with planning course design, structure of student assignments, and examinations.
- Held office hours to answer student questions related to assignments and class material; led review sessions before midterms and finals to help students prepare for exams.

CLINICAL EXPERIENCE

Youth Advocate-Mentor

Michigan State University Adolescent Diversion Program

East Lansing, MI
Aug 2022–May 2023

- Utilized a strength-based framework to promote positive youth development and prevent a youth from re-entering the juvenile justice system as part of a two-semester experiential learning course.
- Interacted directly with assigned youth for 6 hours a week, focusing on activities that enhance personal strengths, support systems, goal development, self-improvement, and connection to community.
- Completed weekly case notes and frequently communicated with court officials, and school faculty.

Behavioral Health Technician

Gateway Pediatric Therapy

Lansing, MI
Jul 2021–Jun 2022

- Utilized Applied Behavior Analysis (ABA) to encourage behavior development in language, interactive play, socialization, emotional regulation, self-help, and motor skills.
- Completed clinical documentation after each session and communicated session summaries to parents.
- Implemented behavior intervention plans (BIPs) under the supervision of Board Certified Behavior Analysts; took the time to understand each child's specific needs and individualized therapeutic plan.

Integrated Dual Diagnosis Treatment (IDDT) Intern

St. Clair County Community of Mental Health

Port Huron, MI
May–Aug 2021

- Completed 50 hours of formal training to prepare to work directly with adults with a co-occurring mental illness and substance use disorder.
- Aided in home visits with social workers to monitor patient well-being and administer medications.
- Collaborated with clinicians and social workers to discuss treatment planning and patients' progress.

VOLUNTEERING

Event Volunteer

Women's Lunch Place

Boston, MA
Sep 2023–Jun 2024

- Aided in advertising for events by contacting local businesses and distributing flyers in the community.
- Assisted with event setup, coordination, and clean up and facilitated communication with local shelters, hiring businesses, and career development centers to ensure a smooth production.

Peer Mental Health Advocate

Project Let's Erase the Stigma

East Lansing, MI
Sep 2021–May 2022

- Attended weekly meetings to participate in discussions about best practices and re-imagining the current mental health system.
- Completed 8 weeks of training to become a peer mental health advocate.
- Connected with a student on campus with mental health needs and checked in periodically to provide support and information about local resources.

TECHNICAL & CLINICAL SKILLS

- Clinical interviewing: K-SADS, DIPA, WMCI
- Cognitive assessment: WISC-V, WIAT-IV, D-KEFS, WCST, Q-global, ASEBA
- Data analysis: MATLAB, SPSS, RStudio, REDCap, Qualtrics, Medidata, Microsoft Excel
- Research coordination: consenting participants, EMR navigation, IRB submissions and amendments, training/supervision of student research assistants, manuscript preparation, and scientific writing

PROFESSIONAL AFFILIATIONS

- Society for Affective Science Student Committee (SASSC) Aug 2025–present
- International Society for Traumatic Stress Studies (ISTSS) Sep 2025–present
- Maternal Mental Health Leadership Alliance (MMHLA) Sep 2025–present

PUBLICATIONS

Patel N., Maru M., **Tetreau E.N.**, Aboelghar A., Mosier-Mills, A., Kuang J., Rondon M.B., Cruz V.O., Nasser J.I., Denduluri A., Trang K., Basu A., Gelaye B., Levey E.J. Intergenerational effects of trauma: A systematic review of the developmental timing of maternal trauma exposure and children's psychological outcomes. In preparation.

Laurent E.M., Vuijk, P.J., **Tetreau, E.N.**, Pride, R.L., Hughes, D., Braaten, E.B., Roffman, J.L., Doyle, A.E. Do adverse perinatal exposures impact cross-sectional and longitudinal cognitive functioning in youth from the ABCD Study? In preparation.

Forchelli, G. A., Vuijk, P. J., Colvin, M.K., Wolfe, L.E., Koven, M.R., **Tetreau, E.N.**, Doyle, A.E., Braaten, E.B. (2025). Influence of slower processing speed (PS) in children with high cognitive ability on parent- and teacher-reported psychosocial outcomes. *Child Neuropsychology*, 1–13.

Oh, J., **Tetreau, E.N.**, Purol, M.F., Kim, E.S., & Chopik, W.J. (2024). Optimism and pessimism were prospectively associated with adaptation during the COVID-19 pandemic. *Journal of Research in Personality*, vol. 113, p. 104541.

POSTERS

Tetreau, E.N. (presenter), Vuijk, P.J., Fleming, L.E., Tremblay, S., Colvin, M.K., Braaten, E.B., Doyle, A.D. (February, 2025). Common genetic variation underlying cognition associates with cross-sectional and longitudinal academic functioning in child psychiatry outpatients. *Harvard Psychiatry Research Day*, Boston, MA.

Laurent E.M., Vuijk, P.J., Pride, R.L., Hughes, D., **Tetreau, E.N.**, Braaten, E.B., Roffman, J.L., Doyle, A.E. (October, 2024). Do adverse perinatal exposures impact cross-sectional and longitudinal cognitive functioning in youth from the ABCD Study? *American Academy of Child and Adolescent Psychiatry Annual Meeting*, Seattle, WA.

Kaminsky A.J., Vuijk P.J., Friedman E.A., **Tetreau E.N.**, Ramos I., Woscoboinik G.G., Ehrlich C., Braaten E.B., Doyle A.E. (March, 2024). Characteristics associated with the age of ADHD diagnosis in referred youth. *Harvard Psychiatry Research Day*, Boston, MA.

Tetreau, E.N. (presenter), Oh, J., Purol, M.F., & Chopik, W.J. (July, 2022). No Love Lost: Relationship Quality and Changes in Perceptions of Attachment Style. *Mid-Michigan Symposium for Undergraduate Research Experiences*, East Lansing, MI.

Amine, J., Misak, C., Perkins, E.N., **Tetreau, E.N. (presenter)**, & Chopik, W. (April, 2022). Optimism as a Predictor of COVID-19 Related Behavior and Functioning. *University Undergraduate Research and Arts Forum*, East Lansing, MI.