

Jessica M. Powers, Ph.D.

Curriculum Vitae
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PROFESSIONAL ADDRESSES

Department of Psychology
 University of Kansas
 Fraser Hall 414, 1415 Jayhawk Blvd
 Lawrence, KS 66045

Cofrin Logan Center for Addiction Research
 & Treatment, University of Kansas
 Dole Human Development Center
 1000 Sunnyside Ave. Suite 3061
 Lawrence, KS 66047

EDUCATION

Ph.D., Syracuse University Clinical Psychology	2023
Pre-Doctoral Internship, Warren Alpert Medical School of Brown University Health Psychology/Behavioral Medicine Track	2022-2023
M.S., Syracuse University Clinical Psychology	2019
B.A., Northwestern University Psychology, Sociology Minor	2015

ACADEMIC POSITIONS

2025 – Present	Assistant Professor, Department of Psychology, University of Kansas, Lawrence KS
2025 – Present	Assistant Scientist, Judy Janes Professor of Addiction Research, Cofrin Logan Center for Addiction Research & Treatment, University of Kansas, Lawrence KS
2023 – 2025	National Cancer Institute T32 Postdoctoral Research Fellow, Cancer Prevention & Control, Department of Medical Social Sciences, Feinberg School of Medicine, Robert H. Lurie Comprehensive Cancer Center, Northwestern University, Chicago IL

AFFILIATIONS

2025 – Present	Associate Member, Cancer Prevention & Control, The University of Kansas Cancer Center, Kansas City KS
2025 – Present	Full Member, Center for Survivorship and Patient-Oriented Research (CSPOR), The University of Kansas Cancer Center, Kansas City KS

LICENSES

Psychologist Practice License 2025 – Present
State of Kansas Behavioral Sciences Regulatory Board

HONORS, FELLOWSHIPS, & AWARDS

Postdoctoral Health Psychology Award for Clinical Excellence 2025
 Society for Health Psychology (Division 38)
 American Psychological Association

Best Abstract Award 2025
 Pain Special Interest Group
 Annual Meeting of the Society of Behavioral Medicine

NIDA Diversity Scholars Travel Award 2024
 Office of Research Training, Diversity, and Disparities
 National Institute on Drug Abuse/National Institutes of Health

Finalist, Rowland “Bing” Chang Excellence in Research Award 2024
 Institute for Public Health and Medicine Population Health Forum
 Northwestern University Feinberg School of Medicine

Cancer Prevention & Control Travel Fellowship 2024
 Robert H. Lurie Comprehensive Cancer Center
 Northwestern University

First Prize, Research Poster Award, Clinical Psychology Resident Category 2023
 Mind Brain Research Day
 Department of Psychiatry and Human Behavior
 Carney Institute for Brain Science
 Warren Alpert Medical School of Brown University

Graduate Dean’s Award for Excellence in Research and Creative Work 2022
 Graduate School
 Syracuse University

Summer Dissertation Fellowship 2021
 College of Arts & Sciences
 Syracuse University

Research Travel Grant 2018, 2019, 2020
 Graduate Student Organization
 Syracuse University

Women in Science and Engineering Future Professionals Program 2019, 2020, 2021
 Syracuse University

Mentored Poster Program 2019, 2023
 Society for Research on Nicotine and Tobacco and Society of Behavioral Medicine

Research Travel Award 2018
 Department of Psychology

Syracuse University

Departmental Honors 2015

Department of Psychology
Northwestern University

Dean's List 2012, 2012, 2013

Weinberg College of Arts & Sciences
Northwestern University

RESEARCH POSITIONS

2022 – 2023	Pre-Doctoral Internship Research Placement, Center for Behavioral and Preventive Medicine at The Miriam Hospital, Providence RI
2017 – 2022	Graduate Research Assistant, Pain and Addictions Research Lab, Syracuse University, Syracuse NY
2015 – 2017	Clinical Research Coordinator, Center for Addiction Medicine, Massachusetts General Hospital/Harvard Medical School, Boston MA
2013 – 2015	Research Assistant, Nicotine Dependence and Treatment Lab, Feinberg School of Medicine, Northwestern University, Chicago IL
2013	Research Assistant, Social Affective and Cultural Neuroscience Lab, Northwestern University, Evanston IL

GRANT FUNDING

University of Kansas Cancer Center	8/1/2026 – 7/31/2028
K12 Paul Calabresi Career Development for Clinical & Translational Oncology Program	
PI: Powers (Mentors: Cox, Chadwick, Wick)	
<i>Development of a Smoking Cessation Intervention for Cancer Survivors with Chronic Pain</i>	
FY26 University of Kansas Cancer Center Pilot Grant	7/1/2026 – 6/31/2027
Role: Co-I (PI: Amlung)	
<i>Improving Standardized Alcohol Screening to Inform Novel Intervention Approaches in Head and Neck Cancer</i>	
U1QHP53058, U.S. Department of Health and Human Services	7/1/2026 – Present
Role: Consultant (PI: Kennedy)	
<i>Kansas 4M Geriatrics Workforce Enhancement Program</i>	
F31DA054717, NIH/NIDA NRSA F31 Fellowship	9/1/2021 – 7/1/2022
PI: Powers (Sponsor: Ditte)	
<i>Longitudinal Associations Between Pain and Use of Cigarettes and E-Cigarettes in the Population Assessment of Tobacco and Health (PATH) Study. \$78,962 (Direct)</i>	

SUBMITTED GRANT APPLICATIONS (Not Funded)

NCI Pathway to Independence Award for Early-Stage Postdoctoral Researchers (K99/R00)
PI: Powers, Mentor: Rini. Submitted 6/14/2024. Resubmitted 2/14/25. Impact Score: 28
Development of a Smoking Cessation Intervention for Cancer Survivors with Chronic Pain
Lauren S. Aaronson (LSA) Frontiers Clinical and Translational Research Pilot Program

Frontiers Clinical Translational Science Institute. Submitted 2/2026.

Role: PI (One of eight applications invited for a full submission)

A community and provider-informed approach to develop a pain management and smoking cessation intervention among cancer survivors

PEER-REVIEWED PUBLICATIONS (N=35 total; n=14 first-author; n=1 last-author)

Rogers, A. H., Zale, E. L., **Powers, J. M.**, Woldeamanuel, Y. W., Aronoff, N., Mueller, L., Mun, C. J. (*in press*). Prevalence of Problematic Nicotine, Alcohol, and Cannabis and Use Disorders Among Adults with Chronic Pain: Protocol for a Systematic Review and Meta-Analysis. *PLoS One*.

Powers, J. M., LaRowe, L. R., Somers, T. J., Paice, J. A., Keefe, F. J., Shelby, R. A., Yanez, B., Kimmick, G. G., & Rini, C. (*in press*). Characterizing Alcohol Use and Expectancies for Alcohol Analgesia among Breast Cancer Survivors with Arthralgia. *Psycho-Oncology*.

Sharma, E., **Powers, J. M.**, Maloney, S. R., & Stroud, L. R. (*in press*). Impact of Menthol Cigarette Use on Smoking Cessation During Pregnancy and Postpartum: A Longitudinal Analysis of the Population Assessment of Tobacco and Health (PATH) Study. *Nicotine & Tobacco Research*.

Powers, J. M., Jao, N. C., Gollan, J. K., Fishel, V. Y., Schnoll, R. A., & Hitsman, B. (2026). Behavioral Activation for Smoking Cessation May Improve Bodily Pain in Adults with Lifetime Major Depressive Disorder. *Journal of Affective Disorders*, 407: 121834. <https://doi.org/10.1016/j.jad.2026.121834>

Ripley, G. H., Nam, J. K., Carlin, V. E., **Powers, J. M.**, & Ditte, J. W. (2026). The Role of Sleep Impairment in Associations Between Pain and Nicotine/Tobacco Dependence in Wave 6 of the Population Assessment of Tobacco and Health (PATH) Study. *Substance Use & Misuse*, 61(3): 366-375. <https://doi.org/10.1080/10826084.2025.2561919>.

Lazzari, J., Rubenstein, D., **Powers, J. M.**, O'Keefe, F. J., McClernon, F. J., Pacek, L. R., & Sweitzer, M. M. (2026). Prevalence of Smoking in Adults with Chronic Pain: Results from National Health Interview Survey (NHIS) 2010-2023. *American Journal of Preventive Medicine*, 70(5), 108251. <https://doi.org/10.1016/j.amepre.2025.108251>.

Bagdas, D.,* **Powers, J. M.**,* Rubenstein, D., Sweitzer, M., Ditte, J. W., Weinberger, A. H. (2026). Integrating Pain Assessment in Nicotine and Tobacco Research and Treatment to Improve Cessation Outcomes. *Nicotine & Tobacco Research*. 28(4), 692–695. <https://doi.org/10.1093/ntr/ntaf220>. * co-first authors

Carlin, V. E., Nam, J. K., Ripley, G. H., **Powers, J. M.**, Deyo, A. G. & Ditte, J. W. (2025). Pain is associated with E-Cigarette Use and Dependence in Young Adults: Findings from Wave 7 (2022 – 2023) of the Population Assessment of Tobacco and Health (PATH) Study. *International Journal of Behavioral Medicine*. Online ahead of print. <https://doi.org/10.1007/s12529-025-10396-5>.

Powers, J. M., Ferguson, E., Miller, C. H., Hitsman, B., & Rini, C. M. (2025). A Scoping Review of Pain and Tobacco Use Among Cancer Survivors. *Annals of Behavioral Medicine*, 59(1). <https://doi.org/10.1093/abm/kaaf075>.

- Hosseinian, Z., Lehan, A., **Powers, J. M.**, Melendez, A., Fisher, H. M., Shelby, R., Somers, T., Keefe, F., Paice, J., Kimmick, G., Burns, J., Flores, A. M., Fox, R. S., Kaiser, K., Farrell, D., Westbrook, K., & Rini, C. M. (2025). Web-Based Pain Coping Skills Training for Managing Aromatase Inhibitor-Associated Arthralgia in Breast Cancer Survivors: Randomized Controlled Trial Protocol. *Contemporary Clinical Trials*, 149, 107780. <https://doi.org/10.1016/j.cct.2024.107780>
- Powers, J. M.**, LaRowe, L. R., Rubenstein, D., Paice, J. A., Hitsman, B., & Rini, C. M. (2025). Pain is Associated with Non-Opioid Substance Use Among Two National Samples of Cancer Survivors. *Cancer*, 131(4), e35701. <https://doi.org/10.1002/cncr.35701>
- Deyo, A. G., LaRowe, L. R., **Powers, J. M.**, Ruiz, R., Kidwell, K. M., & Ditre, J. W. (2024). Prevalence of Tobacco and Poly-Tobacco Use as a Function of Gender and Sexual Orientation at Wave 5 (2018-2019) of the Population Assessment of Tobacco and Health (PATH) Study. *Nicotine & Tobacco Research*, ntae292. Advance online publication. <https://doi.org/10.1093/ntr/ntae292>
- Powers, J. M.**, Maloney, S. R., Sharma, E., & Stroud, L. R. (2024). Use and Co-Use of Cannabis and Nicotine Before, During, and After Pregnancy: A Longitudinal Analysis of Waves 1-5 of the Population Assessment of Tobacco and Health (PATH) Study. *Psychology of Addictive Behaviors*, 38(7), 785–795. <https://doi.org/10.1037/adb0001004>
- Paladino, M., **Powers, J. M.**, LaRowe, L. R., & Ditre, J. W. (2024). Awareness of the Potential Consequences of Alcohol Consumption in the Context of Chronic Pain and Prescription Opioid Use. *American Journal of Drug and Alcohol Abuse*, 50(4), 517-524. <https://doi.org/10.1080/00952990.2024.2375515>
- Lape, E. C., LaRowe, L. R., **Powers, J. M.**, & Ditre, J. W. (2023). Initial Validation of the Expectancies for Benzodiazepine Analgesia Scale. *Experimental and Clinical Psychopharmacology*, 32(3), 369-378. <https://doi.org/10.1037/pha0000692>
- Rubenstein, D., McClernon, F. J., **Powers, J. M.**, Aston, E. R., Keefe, F. J., Sweitzer, M. M. (2023). Pain is Associated with Exclusive Use and Co-Use of Tobacco and Cannabis: Findings from Wave 5 (2018-2019) of the Population Assessment of Tobacco and Health Study. *Addictive Behaviors*, 146, 107814. <https://doi.org/10.1016/j.addbeh.2023.107814>
- Powers, J. M.**, Lape, E. C., LaRowe, L. R., Hooker, J. E., & Ditre, J. W. (2023). Initial Validation of the Intentions to Co-Use Alcohol and Opioids Scale. *Journal of Psychoactive Drugs*, 55(3), 369-377. <https://doi.org/10.1080/02791072.2022.2075713>
- Ditre, J. W., LaRowe, L. R., **Powers, J. M.**, White, K. M., Paladino, M. B., Zvolensky, M. J., Glatt, S., Maisto, S. A. (2023). Pain as a Causal Motivator of Alcohol Consumption: Associations with Gender and Race. *Journal of Psychopathology and Clinical Science*, 132(1), 101-109. <https://doi.org/10.1037/abn0000792>
- Lape, E. C., **Powers, J. M.**, Hooker, J. E., Edwards, R. R., & Ditre, J. W. (2023). Benzodiazepine Use and Dependence in Relation to Chronic Pain Intensity and Pain Catastrophizing. *Journal of Pain*, 24(2), 345-355. <https://doi.org/10.1016/j.jpain.2022.09.019>
- Powers, J. M.**, Maisto, S. A., Zvolensky, M. J., Heckman, B. W., & Ditre, J. W. (2023). Longitudinal Associations Between Pain and Use of Cigarettes and E-Cigarettes in the

- Population Assessment of Tobacco and Health (PATH) Study. *Nicotine & Tobacco Research*, 25(3), 404-411. <https://doi.org/10.1093/ntr/ntac197>
- Powers, J. M.,** Zale, E. L., Deyo, A. G., Rubenstein, D., Terry, E. L., Heckman, B. W., & Ditre, J. W. (2022). Pain and Menthol Use are Related to Greater Nicotine Dependence among Black Adults who Smoke Cigarettes at Wave 5 (2018-2019) of the Population Assessment of Tobacco and Health (PATH) Study. *Journal of Racial and Ethnic Health Disparities*, 10, 2407-2416. <https://doi.org/10.1007/s40615-022-01419-y>
- White, K. M., LaRowe, L. R., **Powers, J. M.,** Paladino, M. B., Maisto, S. A., Zvolensky, M. J., Glatt, S. J., & Ditre, J. W. (2022). Family History of Alcohol Use Disorder as a Predictor of Endogenous Pain Modulatory Function. *The Journal of Pain*, 23(5), 864-875. <https://doi.org/10.1016/j.jpain.2021.12.005>
- Hooker, J. E., LaRowe, L. R., **Powers, J. M.,** & Ditre, J. W. (2022). Emotion Dysregulation and Hazardous Alcohol Use in a Chronic Pain Population: The Mediating Role of Pain Intensity. *Journal of Studies on Alcohol and Drugs*, 83(2), 223-230. <https://doi.org/10.15288/jsad.2022.83.223>
- LaRowe, L. R., **Powers, J. M.,** Maisto, S. A., Zvolensky, M. J., Glatt, S. J., & Ditre, J. W. (2022). Expectancies for Alcohol Analgesia are Associated with Greater Alcohol Use among Moderate-to-Heavy Drinkers without Chronic Pain. *The American Journal on Addictions*, 31, 80-84. <https://doi.org/10.1111/ajad.13245>
- Zale, E. L., **Powers, J. M.,** & Ditre, J. W. (2021). Cognitive-Affective Transdiagnostic Factors Associated with Vulnerability to Alcohol and Prescription Opioid Use in the Context of Pain. *Alcohol Research: Current Reviews*, 41(1). <https://doi.org/10.35946/arcr.v41.1.08>
- Powers, J. M.,** LaRowe, L. R., Lape, E. C., Zvolensky, M. J., & Ditre, J. W. (2021). Anxiety Sensitivity, Pain Severity and Co-Use of Cigarettes and E-Cigarettes among Adults with Chronic Pain. *Journal of Behavioral Medicine*, 44(3), 392-401. <https://doi.org/10.1007/s10865-021-00210-4>
- Ditre, J. W., Heckman, B. W., LaRowe, L. R., & **Powers, J. M.** (2021). Pain Status as a Predictor of Smoking Cessation Initiation, Lapse, and Relapse. *Nicotine & Tobacco Research*, 23(1), 186-194. <https://doi.org/10.1093/ntr/ntaa111>
- LaRowe, L. R., **Powers, J. M.,** Garey, L., Rogers, A. H., Zvolensky, M. J., Ditre, J. W. (2020). Pain-Related Anxiety, Sex, and Co-Use of Alcohol and Prescription Opioids among Adults with Chronic Pain. *Drug and Alcohol Dependence*, 214, 108171. <https://doi.org/10.1016/j.drugalcdep.2020.108171>
- Powers, J. M.,** LaRowe, L. R., Garrey, L., Zvolensky, M. J., & Ditre, J. W. (2020). Pain Intensity, E-Cigarette Dependence, and Cessation-Related Outcomes: The Moderating Role of Pain-Related Anxiety. *Addictive Behaviors*, 111, 106548. <https://doi.org/10.1016/j.addbeh.2020.106548>
- LaRowe, L. R., Rother, Y., **Powers, J. M.,** Zvolensky, M. J., Vanable, P. A., & Ditre, J. W. (2020). Pain Self-Efficacy and Motivation to Quit Smoking among Persons Living with HIV (PLWH). *Addictive Behaviors*, 105, 106318. <https://doi.org/10.1016/j.addbeh.2020.106318>

- Powers, J. M.,** Heckman, B. W., LaRowe, L. R., & Ditre, J. W. (2020). Smokers with Pain are More Likely to Report Use of E-Cigarettes and Other Nicotine Products. *Experimental and Clinical Psychopharmacology*, 28(5), 601-608. <https://doi.org/10.1037/pha0000335>
- Powers, J. M.,** LaRowe, L. R., Heckman, B. W., & Ditre, J. W. (2020). Pain Characteristics and Nicotine Deprivation as Predictors of Performance during a Laboratory Paradigm of Smoking Cessation. *Psychology of Addictive Behaviors*, 34(2), 341-350. <https://doi.org/10.1037/adb0000532>
- LaRowe, L. R., **Powers, J. M.,** Paladino, M. B., & Ditre, J. W. (2020). Pain Severity and Alcohol Use among Daily Tobacco Cigarette Smokers. *The American Journal on Addictions*, 29(2), 134-140. <https://doi.org/10.1111/ajad.13003>
- Powers, J. M.,** Zvolensky, M. J., & Ditre, J. W. (2019). An Integrative Review of Personalized Feedback Interventions for Pain and Alcohol. *Current Opinion in Psychology*, 30, 48-53. <https://doi.org/10.1016/j.copsyc.2019.01.013>
- Powers, J. M.,** Carroll, A. J., Veluz-Wilkins, A. K., Blazekovic, S., Gariti, P., Leone, F. T., Schnoll, R. A., Hitsman, B. (2016). Is the effect of anhedonia on smoking cessation greater for women versus men? *Nicotine & Tobacco Research*, 19(1), 119-123. <https://doi.org/10.1093/ntr/ntw148>

BOOK CHAPTERS (N=1)

- Ditre, J. W., LaRowe, L. R., **Powers, J. M.,** & Hooker, J. E. (2022). Nicotine, Tobacco Smoking, and E-Cigarettes. In G. Asmundson and G. Crombez (Eds.), *Comprehensive Clinical Psychology*, 2nd Edition.

MANUSCRIPTS UNDER REVIEW (N=5)

- Sekarski, E., Nuha, N., & **Powers, J. M. (under review)**. Pain is Related to Greater Tobacco-Related Harm Perceptions Among Adults Who Smoke Cigarettes at Wave 7 (2022-2023) of the Population Assessment of Tobacco and Health (PATH) Study. *Substance Use & Misuse*.
- Laumann, L. E., Gnall, K. E., Emrich, M., Sinnott, S. M., **Powers, J. M.,** Stroud, L. R., & Cruess, D. G. (*invited for resubmission*). Associations between PTSD Symptom Clusters and Multi-region Pain in Young Adults with Chronic Pain. *Journal of Behavioral Medicine*.
- Lape, E. C., Deyo, A. G., **Powers, J. M.,** & Ditre, J. W. (*under review*). Perspectives in the Development of a Personalized Feedback Intervention to Address Co-Use of Alcohol and Prescription Opioids: A Qualitative Study Among Adults with Chronic Pain. *Substance Use & Misuse*.
- Romano, E. M., **Powers, J. M.,** Ditre, J. W., Gumidyala, A., & Craine, M. H. (*under review*). Tobacco Use Among Veterans with Pain-Related Disability in Specialty Pain Care Clinic: Prevalence, Correlates, and Clinical Implications. *Nicotine & Tobacco Research*.
- Ditre, J. W., Zvolensky, M. J., Maisto, S. A., Zale, E. L., **Powers, J. M.,** Carlin, V. E., Lape, E. C., Paladino, M. B., Deyo, A. M., Polhill, S. E., Huang, Q. (*under review*). Web-Based

Personalized Feedback Intervention to Address Hazardous Drinking and Alcohol-Opioid Co-Use Among Adults with Chronic Pain: A Randomized Controlled Trial.

MANUSCRIPTS IN PREPARATION (SELECTED)

Yan, H., **Powers, J. M.**, Kaiser, K., Schwartz, M., Szymaniak, B., Knudsen, C., Nagel, A., Rini, C. M. (*in preparation*). A Qualitative Study of Individuals' Experiences and Decision Making with Cascade Testing for Lynch Syndrome: Barriers, Facilitators, and Implications for Interventions.

Rogers, A. H., Zale, E. L., **Powers, J. M.**, Woldeamanuel, Y. W., Aronoff, N., Mueller, L., Mun, C. J. (*in preparation*). Prevalence of Problematic Nicotine, Alcohol, and Cannabis and Use Disorders Among Adults with Chronic Pain: A Meta-Analysis.

Powers, J. M., Sekarski, E., Seng, E. K., Shuter, J., Ashare, R., & Weinberger, A. H. (*in preparation*). Pain catastrophizing is related to greater pain intensity, depression, anxiety, HIV-related stigma, cigarette use, and alcohol use among people with HIV.

NON-PEER REVIEW PUBLICATIONS (N=2)

Powers, J. M., LaRowe, L. R., Rubenstein, D., Paice, J., Hitsman, B., & Rini, C. M. (2025). Reply to "Insights and recommendations for pain and nonopioid use in patients with cancer". *Cancer*, 131(10), e35905.

Powers, J. M. & Polhill, S. (2025). Burning Both Ends: The Hidden Connection Between Smoking and Chronic Pain. *Outlook Article published by the Society of Behavioral Medicine*. Sponsored by the Pain Special Interest Group (SIG).

INVITED TALKS & ORAL CONFERENCE PRESENTATIONS (N=16)

Powers, J. M., (May, 2026). *Pain and Tobacco Use in Cancer Survivorship: An Unmet Treatment Need*. Virtual invited talk for the University of Wisconsin Center for Tobacco Research and Intervention, Madison, WI.

Powers, J. M., (May 2026). Invited panel. Center for Health Outcomes and Interdisciplinary Research, Massachusetts General Hospital/Harvard Medical School.

Powers, J. M., Sekarski, E., Seng, E. K., Shuter, J., Ashare, R., & Weinberger, A. H. (April, 2026). *Pain catastrophizing is related to greater pain intensity, depression, anxiety, HIV-related stigma, cigarette use, and alcohol use among people with HIV*. In Travaglini, L. (Chair) *The impact of stigma on pain experiences, treatment engagement, and outcomes among individuals with chronic pain and other stigmatized conditions*. Panel presented at the 47th annual meeting of the Society of Behavioral Medicine, Chicago, IL.

Laumann, L. E., Gnall, K. E., Emrich, M., Sinnott, S. M., **Powers, J. M.**, Stroud, L. R., & Cruess, D. G. (April, 2026). *Associations between Posttraumatic Stress Symptoms and Multi-region Pain in Young Adults with Chronic Pain*. Paper presented at the 47th annual meeting of the Society of Behavioral Medicine, Chicago, IL.

Powers, J. M., (February, 2026). *A community and provider-informed approach to develop a pain management and smoking cessation intervention*. Invited Presentation for the Rapid Reactor Panel of the Lauren S. Aaronson (LSA) Frontiers Clinical and Translational

Research Pilot Program in Frontiers Clinical Translational Science Institute, Fairway, KS.

- Powers, J. M.,** (September, 2025). *Research Presentation: "Pain and Substance Use: Bidirectional Associations and Treatment Considerations."* Invited talk for the University of Kansas Clinical Psychological Science Proseminar, Lawrence, KS.
- Powers, J. M.,** Hosseinian, Z., Lehan, A., Melendez, A., Shelby, R. A., Yanez, B. R., Somers, T. J., Keefe, F. J., Kimmick, G. G., Paice, J. A., & Rini, C. M. (March, 2025). *Expectancies for Alcohol Analgesia are Related to Hazardous Alcohol Use, Alcohol Use Problems, and Greater Pain Catastrophizing among Breast Cancer Survivors with Arthralgia.* In L. R. LaRowe (Chair) *Pain and Substance Use in Complex Populations: Integrating Epidemiological and Clinical Perspectives.* Symposium presented at the 46th annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Powers, J. M.,** Jao, N. C., Gollan, J. K., Schnoll, R. B., & Hitsman, B. (March, 2025). *Effects of Behavioral Activation for Smoking Cessation on Bodily Pain among Adults with Current or Past Major Depressive Disorder.* In A. H Weinberger (Chair) *Novel translational research on pain and tobacco use: Examining relationships from laboratory to clinical research.* Symposium presented at the 31st annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.
- Powers, J. M.,** (June, 2024). *Pain and Tobacco Use: Bidirectional Associations and Need for Specialized Treatment Approaches.* Virtual invited talk for Visting Scholars Day. Postdoctoral Training Program in Behavioral Oncology, Moffitt Cancer Center.
- Powers, J. M.,** LaRowe, L. R., Hitsman, B., & Rini, C. M. (April, 2024). *Pain is Associated with Tobacco Use, Non-Prescribed Medication Use, and Other Health Factors among Cancer Survivors.* Invited talk for the Substance Use Special Interest Group at the annual scientific meeting of the United States Association for the Study of Pain, Seattle, WA.
- Powers, J. M.,** Maloney, S. F., Sharma, E., & Stroud, L. R. (March, 2024). *Use and Co-Use of Tobacco and Cannabis Before, During, and After Pregnancy: A Longitudinal Analysis of Waves 1-5 of the Population Assessment of Tobacco and Health (PATH) Study.* In N. De Genna (Chair), *Thinking Outside the Box to Reduce Health Inequities in Prenatal Tobacco Exposure.* Symposium presented the 30th annual meeting of the Society for Research on Nicotine and Tobacco, Edinburgh, United Kingdom.
- Powers, J. M.,** (March, 2022). *Longitudinal Associations Between Pain and Use of Cigarettes and E-Cigarettes in the Population Assessment of Tobacco and Health (PATH) Study.* Invited talk for the Graduate Dean's Award for Excellence in Research and Creative Work, hosted by the Graduate School, College of Arts & Sciences, Syracuse University, Syracuse, NY.
- Powers, J. M.,** Maisto, S. A., Zvolensky, M. J., & Ditre, J. W. (March, 2022). *Pain Intensity as a Predictor of Cigarette and E-Cigarette Use/Co-Use Across Waves 1-4 of the Population Assessment of Tobacco and Health (PATH) Study: The Moderating Role of Sex.* Paper presented at the 28th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.

- LaRowe, L. R., **Powers, J. M.**, Maisto, S. A., Zvolensky, M. J., & Ditte, J. W. (November, 2019). *Past-Month Pain Status and Problematic Alcohol Use: The Explanatory Role of Expectancies for Alcohol Analgesia*. In K. McDermott & Rogers, A.H. (Chairs) *Chronic Pain and Substance Use: Toward an Understanding of Psychological Vulnerabilities*. Symposium presented at the 53rd annual convention of the Association of Behavioral and Cognitive Therapy, Atlanta, GA.
- LaRowe, L. R., Ditte, J. W., **Powers, J. M.**, & Heckman, B. W. (February, 2019). *Pain Status as a Predictor of Smoking Cessation Initiation, Lapse, and Relapse*. In E.L. Zale (Chair) *Pain, Nicotine, and Tobacco Smoking: Translational Research to Identify Mechanisms and Inform the Development of Novel Interventions*. Symposium presented at the 25th annual meeting of the Society for Research on Nicotine and Tobacco, San Francisco, CA.
- Powers, J. M.** (April, 2019). *Smokers in Pain are more likely to Report Lifetime Use of E-Cigarettes and Other Nicotine/Tobacco Products*. Invited talk hosted by the Central New York Psychological Association, Syracuse, NY.

CONFERENCE POSTERS (N=37)

- Powers, J. M.**, Sekarski, E., Seng, E. K., Shuter, J., Ashare, R., & Weinberger, A. H. (May, 2026). *Pain catastrophizing is related to greater pain intensity, depression, anxiety, HIV-related stigma, cigarette use, and alcohol use among people with HIV*. Poster presented at the 14th Annual Collaborative Perspectives on Addiction Conference, Kansas City, MO.
- Sekarski, E. & **Powers, J. M.** (May 2026). *Pain is related to greater tobacco-related harm perceptions among adults who smoke cigarettes at Wave 7 (2022-2023) of the Population Assessment of Tobacco and Health (PATH) Study*. Poster presented at the 14th Annual Collaborative Perspectives on Addiction Conference, Kansas City, MO.
- Powers, J. M.**, Ferguson, E, Miller, C. H., Hitsman, B., & Rini, C. M. (March 2026). *A Scoping Review of Pain and Tobacco Use Among Cancer Survivors*. Poster presented at the 32nd annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
- Sekarski, E. & **Powers, J. M.** (December 2025). *Pain is related to greater tobacco-related harm perceptions among adults who smoke cigarettes at Wave 7 (2022-2023) of the Population Assessment of Tobacco and Health (PATH) Study*. Poster presented at the University of Kansas Cancer Center Annual Research Week in Kansas City, KS.
- Lazzari, J. Rubenstein, D., **Powers, J. M.**, O'Keefe, F. J., McClernon, F. J., Pacek, L. R., & Sweitzer, M. (March, 2025). *Prevalence of Smoking in Adults with Chronic Pain: Results from National Health Interview Survey (NHIS) 2010-2023*. Poster presented at the 31st annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.
- Yan, H., **Powers, J. M.**, Kaiser, K., Schwartz, M., Szymaniak, B., Knudsen, C., Nagel, A., Rini, C. M. (March, 2025). *A Qualitative Study of Individuals' Experiences and Decision Making with Cascade Testing for Lynch Syndrome: Barriers, Facilitators, and Implications for Interventions*. Poster presented at the 46th annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Deyo, A. G., LaRowe, L. R., **Powers, J. M.**, Ruiz, R., Kidwell, K. M., & Ditte, J. W. (March, 2025). *Prevalence of Tobacco and Poly-Tobacco Use as a Function of Gender and*

Sexual Orientation at Wave 5 (2018-2019) of the Population Assessment of Tobacco and Health (PATH) Study. Poster presented at the 31st annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.

Powers, J. M., LaRowe, L. R., Hitsman, B., & Rini, C. M. (April, 2024). *Pain is Associated with Tobacco Use, Non-Prescribed Medication Use, and Other Health Factors among Cancer Survivors.* Poster presented at the annual meeting of the United States Association for the Study of Pain, Seattle, WA.

Powers, J. M., LaRowe, L. R., Hitsman, B., & Rini, C. M. (March, 2024). *Pain is Associated with Tobacco Use, Non-Prescribed Medication Use, and Other Health Factors among Cancer Survivors.* Poster presented at the 45th annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.

Powers, J. M., Sharma, E., & Stroud, L. R. (April, 2023). *Use and Co-Use of Cannabis and Nicotine Before, During, and After Pregnancy: A Longitudinal Analysis of Waves 1-5 of the Population Assessment of Tobacco and Health (PATH) Study.* Poster presented at the 25th annual Mind Brain Research Day hosted by the Carney Institute for Brain Science and the Department of Psychiatry and Human Behavior, The Warren Alpert Medical School of Brown University, Providence, RI.

Rubenstein, D., McClernon, F. J., **Powers, J. M.,** Aston, E. R., Keefe, F. J., Sweitzer, M. M. (April, 2023). *Pain is associated with exclusive use and co-use of tobacco and cannabis: Findings from Wave 5 (2018-2019) of the Population Assessment of Tobacco and Health Study.* Poster presented at the annual meeting of the U.S. Association for the Study of Pain, Durham, NC.

Powers, J. M., Zale, E. L., Deyo, A. G., Rubenstein, D., Terry, E. L., Heckman, B. W., & Ditre, J. W. (March, 2023). *Pain and Menthol Use are Related to Greater Nicotine Dependence among Black Cigarette Smokers at Wave 5 (2018-2019) of the Population Assessment of Tobacco and Health (PATH) Study.* Poster presented at the 29th annual meeting of the Society for Research on Nicotine and Tobacco, San Antonio, TX.

Deyo, A. G., LaRowe, L. R., **Powers, J. M.,** & Ditre, J. W. (March, 2023). *Poly-Nicotine Use Among Individuals with Minoritized Sexual Identities: In the 2020 National Health Interview Survey (NHIS).* Poster presented at the 29th annual meeting of the Society for Research on Nicotine and Tobacco, San Antonio, TX.

Powers, J. M., White, K. M., Lape, E. C., Hooker, J. E., Heckman, B. W., Zale, E. L., & Ditre, J. W. (June, 2022). *Pain Severity, Gender, and Alcohol Use: Findings from Wave 5 of the Population Assessment of Tobacco and Health (PATH) Study.* Poster presented at the 45th annual meeting of the Research Society on Alcoholism, Orlando, FL.

Ditre, J. W., LaRowe, L. R., **Powers, J. M.,** White, K. M., Paladino, M. B., Zvolensky, M. J., Glatt, S. J., & Maisto, S. A. (June, 2022). *Effects of Pain on Alcohol Consumption: A Randomized Controlled Trial Among Moderate-To-Heavy Drinkers.* Poster presented at the 45th annual meeting of the Research Society on Alcoholism, Orlando, FL.

White, K. M., LaRowe, L. R., **Powers, J. M.,** Hooker, J. E., Lape, E. C., Paladino, M. B., & Ditre, J. W. (March, 2022). *Pain Severity, Cigarette Dependence, and Withdrawal-Related Cognitions - Indirect Associations via Depressive Symptoms.* Poster presented at

the 28th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.

- Hooker, J. E., **Powers, J. M.**, White, K. M., Ditre, J. W. (March, 2022). *Pain Intensity and Insomnia among Adults with Chronic Pain - The Moderating Role of Cigarette and E-Cigarette Dual Use*. Poster presented at the 28th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
- Paladino, M. B., **Powers, J. M.**, White, K. M., Lape, E. C., Hooker, J. E., Maisto, S. A., Zvolensky, M. J., & Ditre, J. W. (March, 2022). *Effects Of Cigarette Smoking Status on Endogenous Pain Modulation*. Poster presented at the 28th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, Maryland.
- Powers, J. M.**, Lape, E. C., LaRowe, L. R., Paladino, M. B., Hooker, J. E., White, K. M., Zvolensky, M. J., Ditre, & J. W. (June, 2021). *Anxiety Sensitivity and Co-Use of Alcohol and Prescription Opioids Among Adults with Chronic Pain*. Poster presented at the 44th annual meeting of the Research Society on Alcoholism.
- Lape, E. C., **Powers, J. M.**, LaRowe, L. R., Paladino, M. B., Hooker, J. E., White, K. M., Zvolensky, M. J., Ditre, & J. W. (June, 2021). *Co-Use of Alcohol, Benzodiazepines, and Opioids Among Individuals with Chronic Pain*. Poster presented at the 44th annual meeting of the Research Society on Alcoholism.
- Hooker, J. E., LaRowe, L. R., **Powers, J. M.**, Maisto, S. A., Zvolensky, M. J., Boissoneault, J., & Ditre, J. W. (June, 2021). *Emotion Dysregulation and Hazardous Drinking Among Individuals with Chronic Pain: The Role of Expectancies for Alcohol Analgesia*. Poster presented at the 44th annual meeting of the Research Society on Alcoholism.
- Powers, J. M.**, LaRowe, L. R., Lape, E. C., Zvolensky, M. J., & Ditre, J. W. (April, 2021) *Anxiety Sensitivity, Pain Severity, and Co-Use of Cigarettes and E-Cigarettes among Adults with Chronic Pain*. Poster presented at the Annual Neuroscience Research Day Poster Session, Syracuse University, Syracuse, NY.
- Powers, J. M.**, LaRowe, L. R., Lape, E. C., Zvolensky, M. J., & Ditre, J. W. (February, 2021) *Anxiety Sensitivity, Pain Disability, and Co-Use of Cigarettes and E-Cigarettes among Adults with Chronic Pain*. Poster presented at the 27th annual meeting of the Society for Research on Nicotine and Tobacco.
- LaRowe, L. R., **Powers, J. M.**, Hooker, J. E., Lape, E. C., White, K. M., Paladino, M. B., & Ditre, J. W. (February, 2021) *A Brief Mindfulness-Based Intervention for Nicotine Abstinence-Induced Hyperalgesia among Daily Cigarette Smokers with Chronic Pain*. Poster presented at the 27th annual meeting of the Society for Research on Nicotine and Tobacco.
- Powers, J. M.**, LaRowe, L. R., Lape, E. C., & Ditre, J. W. (June, 2020) *A Measure of Alcohol-Opioid Co-Use Attitudes and Intentions: Preliminary Factor Analysis, Reliability, and Validity*. Poster presented at the 43rd annual meeting of the Research Society on Alcoholism, New Orleans, LA.
- Paladino, M. B., LaRowe, L. R., **Powers, J. M.**, & Ditre, J. W. (June, 2020). *Knowledge of Pain-Alcohol-Opioid Effects among Drinkers with Chronic Pain*. Poster presented at the 43rd annual meeting of the Research Society on Alcoholism, New Orleans, LA.

- Lape, E. C., LaRowe, L. R., **Powers, J. M.**, Zvolensky, M. J., Maisto, S. A., & Ditre, J. W. (June, 2020). *Discomfort Intolerance and Experimental Pain Reactivity among Moderate-to-Heavy Drinkers*. Poster presented at the 43rd annual meeting of the Research Society on Alcoholism, New Orleans, LA.
- Hooker, J. E., **Powers, J. M.**, LaRowe, L. R., White, K. W., & Ditre, J. W. *Associations between Emotion Dysregulation and Alcohol Use: Testing the Role of Pain Intensity in a Chronic Pain Population*. Poster presented at the 43rd annual meeting of the Research Society on Alcoholism, New Orleans, LA.
- Paladino, M. B., LaRowe, L. R., **Powers, J. M.**, Zvolensky, M. J., Maisto, S. A., & Ditre, J. W. (March, 2020). *Alcohol Outcome Expectancies as a Function of Smoking Status*. Poster presented at the 26th annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.
- Powers, J. M.**, LaRowe, L. R., Paladino, M. B., Hooker, J. E., Zvolensky, M. J., Maisto, S. A., & Ditre, J. W. (March, 2020). *Gender, Anxiety Sensitivity, and Experimental Pain Reactivity among Tobacco Cigarette Smokers*. Poster presented at the 26th annual meeting the Society for Research on Nicotine and Tobacco, New Orleans, LA.
- Powers, J. M.**, Heckman, B. W., LaRowe, L. R., & Ditre, J. W. (February, 2019). *Smokers in Pain are more likely to Report Lifetime Use of E-Cigarettes and Other Nicotine/Tobacco Products*. Poster presented at the Annual Neuroscience Research Day Poster Session, Syracuse University, Syracuse, NY.
- Powers, J. M.**, Heckman, B. W., LaRowe, L. R., & Ditre, J. W. (February, 2019). *Smokers in Pain are more likely to Report Lifetime Use of E-Cigarettes and Other Nicotine/Tobacco Products*. Poster presented at the 25th annual meeting of the Society for Research on Nicotine and Tobacco, San Francisco, CA.
- Ditre, J. W., **Powers, J. M.**, Kosiba, J. D., LaRowe, L. R., Espinoza, M., Zvolensky, M. J., & Maisto, S. A. (September, 2019). *A Measure of Expectancies for Alcohol Analgesia*. Poster presented at the 17th World Congress on Pain, International Association for the Study of Pain, Boston, MA.
- LaRowe, L. R., Chilcott, L. N., Zvolensky, M. J., Venable, P., Flood, F., **Powers, J. M.**, & Ditre, J. W. (May, 2018). *Associations between Pain-Related Anxiety, Gender, and Prescription Opioid Misuse among Tobacco Smokers Living with HIV/AIDS*. Poster presented at the Annual Neuroscience Research Day Poster Session, Syracuse University, Syracuse, NY.
- LaRowe, L. R., **Powers, J. M.**, Kosiba, J. D., Zvolensky, M. J., & Ditre, J. W. (February, 2018). *Associations between Past-Month Pain and Cigarette Smoking Abstinence Self-Efficacy*. Poster presented at the 24th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
- Powers, J. M.**, Carroll, A. J., Veluz-Wilkins, A. K., Blazekovic, S., Schnoll, R. A., Hitsman, B. (March, 2016). *Is the effect of anhedonia on smoking cessation greater for women versus men?* Poster presented at the 22nd annual meeting of the Society for Research on Nicotine and Tobacco, Chicago, IL.
- Powers, J. M.**, Hitsman, B. (May, 2015). *Impact of anhedonia and gender on short-term smoking cessation*. Poster presented at Northwestern University Undergraduate Research and Arts

Exposition, Evanston, IL.

EDITORIAL SERVICE

Editorial Board Member

2024 – Present

Annals of Behavioral Medicine

Guest Editor

2025 – Present

Special Issue: The Intersection of Trauma and Health: Implications for Behavioral Health Research and Practice, *Journal of Behavioral Medicine*

SCIENTIFIC JOURNAL PEER-REVIEW

- *Experimental and Clinical Psychopharmacology*
- *Journal of Consulting and Clinical Psychology*
- *Journal of Behavioral Medicine*
- *American Journal of Preventive Medicine*
- *BMC Public Health*
- *Supportive Care in Cancer*
- *Journal of Pain and Symptom Management*
- *Psycho-Oncology*
- *Annals of Behavioral Medicine*
- *Drug and Alcohol Dependence*
- *Addictive Behaviors*
- *International Journal of Behavioral Medicine*
- *Tobacco Induced Diseases*
- *International Journal of Drug Policy*
- *Journal of Racial and Ethnic Health Disparities*
- *Behavior Research and Therapy*
- *Journal of Studies on Alcohol and Drugs*
- *Alcoholism: Clinical and Experimental Research*
- *Psychology of Addictive Behaviors*
- *Health Psychology*
- *International Journal of Nursing Studies Advances*
- *The Journal of Pain*

PROFESSIONAL ASSOCIATIONS

American Psychological Association

Division 38: Health Psychology

Division 50: Addiction Psychology

Society for Research on Nicotine & Tobacco

Treatment Research Network, Trainee Network, Health Equity Network

Society of Behavioral Medicine

Pain Special Interest Group

United States Association for the Study of Pain

Special Interest Group: Substance Use and Addiction

CLINICAL TRAINING

Tobacco Treatment Specialist

2026

University of Kansas Medical Center

Pain Psychology Fellow

2023 – 2025

Center for Complex Gynecology; Division of Minimally Invasive Gynecologic Surgery, Northwestern Medical Center, Chicago, IL

Supervisors: Kathryn Tomasino, Ph.D., Magdy Milad, M.D., Sarah Rosenbloom, Ph.D.

Clinical Interventionist/Interviewer

2023 – Present

Web-based Pain Coping Skills Training to Improve Pain and Poor Adherence caused by Aromatase Inhibitor-Associated Arthralgia in Breast Cancer Survivors (SKIP-Arthralgia): A Randomized Controlled Trial; (R01CA271220; PI: Rini)

Clinical Psychology Pre-Doctoral Intern/Resident

2022 – 2023

Warren Alpert Medical School of Brown University

Geriatric Psychology, Comprehensive Ambulatory Psychiatry Section, Providence Veteran Affairs Medical Center; Supervisors: Pamela Steadman-Wood, Ph.D., Ronald Smith, Ph.D.; **Home-Based Primary Care**, Providence Veteran Affairs Medical Center; Supervisor: Jessica Cappellano, Ph.D.; **Pain Psychology**, Primary Care Behavioral Health, Providence Veteran Affairs Medical Center; Supervisor: Kevin McKay, PhD.; **Pediatric Sleep Program**, Hasbro Children's Hospital, Lifespan Health System; Supervisor: Julie Boergers, Ph.D.; **Men's Health Center**, The Miriam Hospital, Lifespan Health System; Supervisor: Abigail Mansfield Marcaccio, Ph.D.; **Norman Prince Spine Institute**, Lifespan Health System, Rhode Island Hospital; Supervisor: Victoria Quinones, Ph.D.; **Adult Sleep Health/Behavioral Medicine Clinic**, Psychiatry and Behavioral Health Services, Lifespan Health System; Supervisors: Lora Wu, Ph.D., Ernestine Jennings, Ph.D.; **Collaborative Addiction & Recovery Service**, Providence Veteran Affairs Medical Center; Supervisors: Jayne Kurkjian-Siegel, Ph.D., Corinne Bart, Ph.D., Robert Tilton, Psy.D.

Intervention Development and Clinical Interventionist

2020 – 2022

Personalized Feedback Intervention to Address Hazardous Drinking and Alcohol-Opioid Interactions Among Adults with Chronic Pain; (R01AA028639; MPIs: Ditre & Zvolensky)

Advanced Practicum Clinician

2020 – 2021

Behavioral Health Department, New York Spine & Wellness Center; Syracuse, NY

Clinical Interventionist

2020 – 2022

Effects of Nicotine Replacement and Acceptance on Smoking Abstinence-Induced Hyperalgesia (CUSE Grant Program; PI: Ditre)

Clinical Interventionist

2017 – 2022

The Alcohol-Pain Connection: Mechanisms and Genetic/Psychological Correlates (R01AA024844; MPIs: Ditre & Maisto)

Student Therapist

2019 – 2020

Psychological Services Center, Syracuse University; Syracuse, NY

Clinical Assessment

2017 – 2020

Psychological Services Center, Syracuse University; Syracuse, NY

PROFESSIONAL SERVICE**Webinar Moderator**

2026

Title: *Expanding Access to Tobacco Cessation Treatment in Cancer Care: Clinical and Digital Innovations*, Society for Research on Nicotine & Tobacco Treatment Network Spring Webinar

Podium Session Co-Chair

2026

Title: *Spotlight on Nicotine and Tobacco Research: Trainees*, Annual Meeting of the Society for Research on Nicotine & Tobacco

Pain Special Interest Group – Leadership Committee	2023 – Present
Chair (2026-272), Incoming Chair (2025-2026); Communications Chair (2023-2024)	
Society of Behavioral Medicine	
Medical Comorbidities Working Group	2024 – Present
Health Equity Network, Society for Research on Nicotine and Tobacco	
Trainee Network Advisory Council	2021 – Present
Trainee Network, Society for Research on Nicotine and Tobacco	
Award Reviewer	2026
Society for Health Psychology (Division 38)	
Conference Abstract Reviewer	2025
Collaborative Perspectives on Addiction	
Paper Session Co-Chair	2025
Title: <i>Substance Misuse</i> , Annual meeting of the Society of Behavioral Medicine	
Inclusion, Diversity, Equity, and Action (IDEA) Committee	2024 – 2025
Staff Hiring Working Group, Department of Medical Social Sciences	
Northwestern University Feinberg School of Medicine	
Travel Scholarship Reviewer	2024, 2025
Health Equity Network, Society for Research on Nicotine and Tobacco	
Conference Abstract Reviewer	2024
Society for Research on Nicotine and Tobacco	
Steering Committee - Trainee Representative	2024 – 2025
Department of Medical Social Sciences, Northwestern University Feinberg School of Medicine	
Early Career Research Mentoring Program	2024 – 2025
Society of Behavioral Medicine	
Peer Review Academy	2024 – 2025
Society of Behavioral Medicine	
Education: Strategic Plan Implementation Working Group	2023 – 2024
Department of Medical Social Sciences, Northwestern University Feinberg School of Medicine	
Admissions Sub-Committee	2022 – 2023
Clinical Psychology Pre-Doctoral Internship Program	
Alpert Medical School of Brown University	
Education Sub-Committee Co-Chair	2022 – 2023
Trainee Network Advisory Council, Society for Research on Nicotine and Tobacco	
Committee for Diversity and Inclusion	2020 – 2022
Department of Psychology, Syracuse University	
Support Group Facilitator	2020 – 2021
Monthly Support Group for Chronic Pain, New York Spine & Wellness Center	
Events Committee (elected)	2019 – 2020
Psychology Action Committee, Department of Psychology, Syracuse University	

Conference Volunteer 2018, 2021, 2023
Annual meetings of the Society for Research on Nicotine and Tobacco and Society of Behavioral Medicine

Peer Mentor 2018, 2020, 2021
Department of Psychology, Syracuse University

MENTORSHIP & ADVISING

Graduate Student Mentorship

- Daniel Wikstrom (2026 – Present): PhD Student in Clinical Psychological Science at the University of Kansas. *Role:* Advisor

Thesis, Oral Qualifying Exam, and Dissertation Committees

- Kianna Csölle (Summer 2026): PhD Student in Applied Behavioral Science doctoral program at the University of Kansas. *Role:* Oral Comprehensive Exam Graduate School Representative
- Rebecca Kurnellas (Fall 2026): PhD Student in Clinical Psychological Science at the University of Kansas. *Role:* Dissertation Committee Member

TEACHING EXPERIENCE

Psychological Disorders (PSYC 350) Fall 2026
Instructor, Department of Psychology, University of Kansas

Psychological Disorders (PSYC 350) Spring 2026
Instructor, Department of Psychology, University of Kansas
TA: Anna Quesada

Guest Lecture 2025
Title: *Women's Health: Endometriosis and Chronic Pelvic Pain*
Course: Behavioral Medicine (PSYC 613)
University of Binghamton; Instructor: Emily Zale, Ph.D.

Guest Lecture 2023
Title: *Introduction to Pain Psychology*
Center for Complex Gynecology
Division of Minimally Invasive Gynecologic Surgery, Northwestern Medical Center

Undergraduate Research Supervisor 2018 – 2022
Course: Research in Clinical Health Psychology (PSY 270, PSY 470)
Syracuse University; Instructor: Joseph Ditre, Ph.D.

Research Assistant Coordinator 2017 – 2022
Pain and Addiction Research Lab, Department of Psychology, Syracuse University

Guest Lecture 2021
Title: *Personalized Feedback Interventions (PFI) for Substance Use*
Course: Laboratory in Health Psychology (PSY 383)
Department of Psychology, Syracuse University; Instructor: Joseph Ditre, Ph.D.

Guest Lecture 2020

Title: *Pain and Substance Use*

Course: Health Psychology (PSY 382)

Department of Psychology, Syracuse University; Instructor: Sarah Woolf-King, Ph.D.

Guest Lecture

2019

Title: *Mediation and Moderation using the PROCESS Macro in SPSS*

Course: Seminar in Psychopathology (PSY 843)

Department of Psychology, Syracuse University; Instructor: Joseph Ditre, Ph.D.

Graduate Student Mentor

2018-2019

Psychology Research Initiative in Diversity Enhancement (PRIDE)

Department of Psychology, Syracuse University

MEDIA REPRESENTATION

KU Life Span Institute

2026

\$50K Grant Funds New Screening and Support Initiative in Cancer Care for Alcohol Use

<https://addiction.ku.edu/news/article/50k-grant-funds-new-screening-and-support-initiative-for-alcohol-use-in-cancer-care>

KU Life Span Institute

2026

Study shows cigarette smoking almost twice as likely for people living with chronic pain

<https://addiction.ku.edu/news/article/study-shows-cigarette-smoking-almost-twice-as-likely-for-people-living-with-chronic-pain>

Healio News – Navigating Survivorship

2024

Cancer survivors with pain more likely to use tobacco, cannabis

<https://www.healio.com/news/hematology-oncology/20250210/cancer-survivors-with-pain-more-likely-to-use-tobacco-cannabis>

CANCER News Alert - Wiley

2024

Does pain affect cancer survivors' use of non-opioid substances?

<https://johnwiley2020news.q4web.com/press-releases/press-release-details/2025/Does-pain-affect-cancer-survivors-use-of-non-opioid-substances/default.aspx>

Duke University School of Medicine

2023

Pain Drives Dual Tobacco and Cannabis Use, Study Shows

<https://medschool.duke.edu/news/pain-drives-dual-tobacco-and-cannabis-use-study-shows>

Syracuse University News

2021

Advancing Understanding of the Link Between Pain and Nicotine Consumption

<https://news.syr.edu/blog/2021/09/28/advancing-understanding-of-the-link-between-pain-and-nicotine-consumption/>

Department of Psychology News

2021

Syracuse University

Jessica Powers Receives NIDA Funding for NIH F31 Predoctoral NRSA Grant Application

<https://thecollege.syr.edu/psychology/news/graduate-student-spotlight-jessica-powers-clinical-psychology-phd-candidate-receives-nida-funding-for-nih-f31-predoctoral-nrsa-grant-application/>